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Of all the beverage containers that weren't recycled, how many were yours?

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To bee or not to bee

URBAN BUZZ

City staff to get busy on hotel's unusual idea

Shane Gibson
 Metro | Winnipeg

This could be a sweet addition to downtown.

The Fort Garry Hotel asked the Downtown Development, Heritage and Riverbank Management committee members Thursday for permission to keep beehives on its roof.

"There are a number of hotels in other major cities in Canada and the U.S. where this practice takes place," said James Patterson, a registered beekeeper who would take care of the bees if the plan is approved. "It's a positive thing

in most communities, it allows the public to engage often times so that creates a stepping stone to understanding urban agriculture."

The hotel wants to put as many as five beekeeping stacks on its roof, which Patterson estimates could bring as many as 45,000 bees to the area.

He said bees normally travel within an 8 km radius of their hives to harvest nectar.

The hotel would use the honey produced by the bees in its kitchen, he added.

The committee voted unanimously in favour of asking city administration to come back with a report on the plan, which if approved would allow any downtown building owner to start keeping bees on their rooftops, providing they took proper care of them.

Coun. Jenny Gerbasi said a change to city zoning by-laws is all that would be needed.

SEE PAGE 5

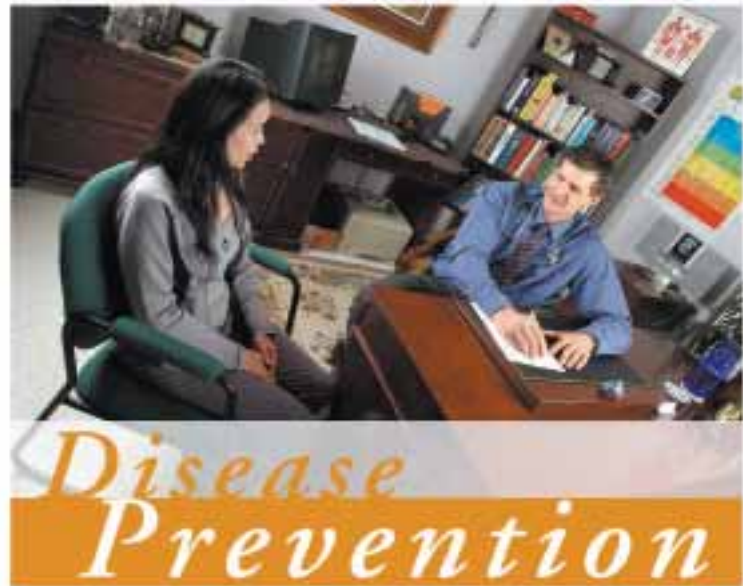
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Date: Monday May 11, 2015, 6:30 - 8:30pm
Location: Reh-Fit Centre, 1390 Taylor Avenue, Winnipeg
 Please call to register: 204-488-8023
Presenters: The Centre for Natural Medicine:
 Dr. Suzanne Danner, ND Dr. Sara Korsunsky, ND
 Dr. Amy Kroeker, ND Dr. Dean Schrader, ND
 Dr. Gord Sims, ND, Lac
www.naturalmedicine.mb.ca

Open house at Natural Essentials with Dr. Andrew Bryk, ND

Date: Monday May 11, 2015, 6:00 - 6:45pm
Location: Natural Essentials - 1200 Pembina Hwy, Suite 301, Winnipeg

A Look at The Digestive Tract From a Naturopathic Perspective

Date: Monday May 11, 2015, 7:00 - 8:00pm
Location: Natural Essentials - 1200 Pembina Hwy, Suite 301, Winnipeg
Presenter: Dr. Andrew Bryk, ND
 Space is limited - please call to register: 204-510-4003
www.natural-essentials.ca

A Natural Approach to Asthma, Allergies and Eczema

Date: Wednesday May 13, 2015, 7:00pm
Location: Nature Doctors - Naturopathic Family Medicine
 1200 Waverley Street, Winnipeg
Presenter: Dr. Erin Wiebe, ND
www.thenaturedoctors.ca

Minimizing Side Effects from Cancer Treatment, Reducing Recurrence Risk and Treating Cancer

Date: Thursday May 14, 2015, 7:00pm
Location: Nature Doctors - Naturopathic Family Medicine
 1200 Waverley Street, Winnipeg
Presenter: Dr. Melanie Leppelmann, ND
www.thenaturedoctors.ca

For more information, please visit www.mbnd.ca





Racing begins this weekend at Assiniboia Downs. COURTESY ASSINIBOIA DOWNS

Downs bets on a few new faces

HORSE RACING

Track focused on introducing sport to next generation

Dave Baxter
Metro | Winnipeg

Assiniboia Downs will kick off another season of racing this weekend, and the track says nobody should feel intimidated about coming down to the track and betting on horses for the very first time.

A luncheon gala at Assiniboia Downs was held Thursday to

kick off their 2015 season, with the first card of races getting underway this Sunday.

Assiniboia Downs CEO Darren Dunn said getting new and young people in the door is crucial for their long-term success, so they are trying to make it as easy as possible for those that have never tried betting on horses to come in and give it a try.

"People can come out 30 minutes prior to the very first race and go to our main lobby, where we have an ambassador that teaches everything you need to know about the races absolutely free," said Dunn.

"And it's all offered in an environment that's not intimidating.... It's an opportunity to



Assiniboia Downs CEO Darren Dunn says getting new and young people to come check out the Downs is crucial for their long-term success. DAVE BAXTER/METRO

ask questions and pick up a few tips on how to read the program and how to follow along."

He also said their programs are very user-friendly

for beginners.

"The program itself offers handicapping tips, and we offer that plus the seminars, so everyone should feel comfortable coming down and trying this out for the first time."

Assiniboia Downs launched a mobile app last year, but Dunn said they have made some big changes to it for this season, and those changes let people follow what's going on at the track no matter where they are.

"We are very pleased to make a key addition to that platform, as you can now watch and wager on live racing from Assiniboia Downs on your smartphone using our mobile app."

Dunn said they are also working to get more families

+ RACING BEGINS ON SUNDAY

• The Assiniboia Downs 2015 season kicks off this Sunday at 1:30 p.m. at the track at 3975 Portage Ave.

• For more information or to download the Assiniboia Downs mobile app, go to assiniboiadowns.com.

down to the track and make sure they don't have to spend a ton of money to have a good time.

"We have family-fun days on select days and we have afternoon racing and we offer reduced wagers with 20 cent bets that make it affordable for everybody."

Family Fun Days at the Downs will have things for kids to do, such as free pony rides

and a petting zoo. He also said he believes the Downs is one of the most affordable sports options in the city.

"There is free parking and free admission, and in this town to get free parking and free admission to watch any sport is a big savings."

The Downs will also offer live music at the track. They plan to have Sunday concerts once the racing has wrapped up.

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RECREATION

Pool set to reopen after electrical fire

Elmwood Kildonans pool is set to reopen after being closed for about a year.

The city announced Thursday the Elmwood Kildonans Pool, at 909 Concordia Ave., will reopen this Saturday.

Regular programming will resume on June 15, and swimming lessons will begin sometime in July.

The pool closed in May of 2014 for work to repair extensive damage caused by an electrical fire.

While those repairs were being done, cracks were detected along the pool tank walls when structural engineers inspected the facility.

Structural work to repair the plaster between the pool tiles and concrete tank walls is now finished.

The cost to repair the pool as a result of the electrical fire was about \$1,200,000 and covered by insurance. The structural repairs cost about \$200,000.

METRO



Elmwood Kildonans pool reopens Saturday after being closed for about a year for repairs after a fire. BOB LINDSELL/GOOGLE MAPS

WOW HOSPITALITY

French restaurant approved for bridge

The bid from WOW Hospitality to take over the vacant restaurant on the Esplanade Riel Bridge has been approved.

On Thursday, members of the city's Downtown Development, Heritage and Riverbank Management committee voted in favour of the Winnipeg-based company's administration-backed plan to open a French restaurant on the bridge by mid-July.

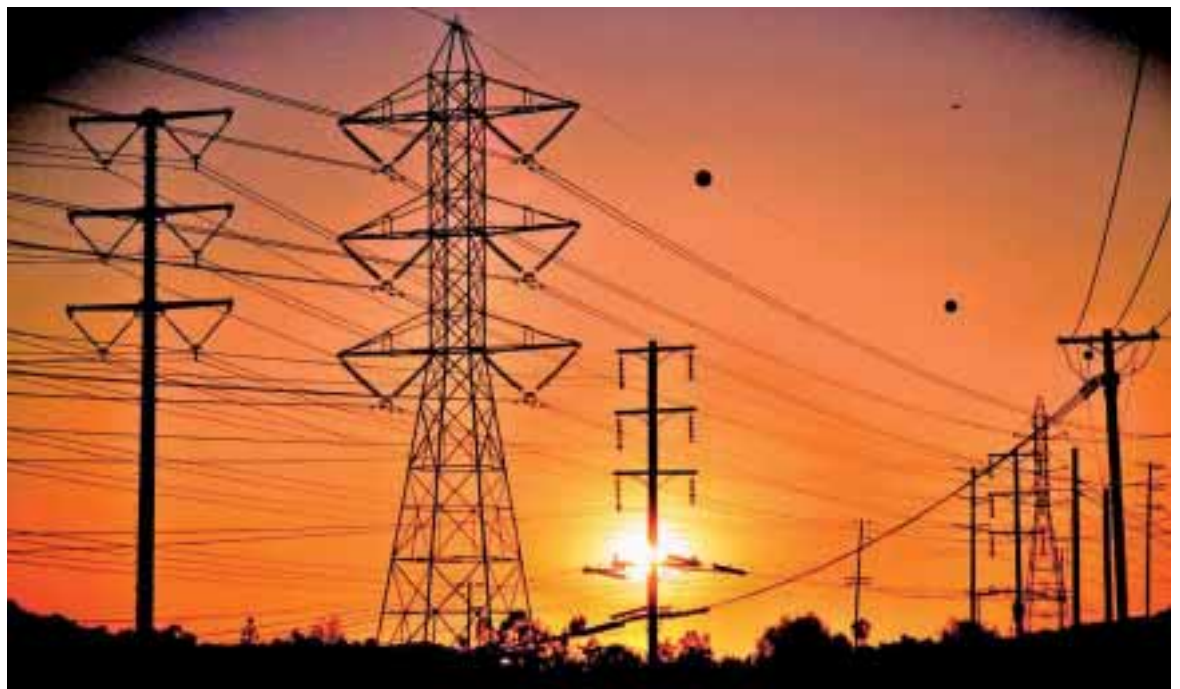
The restaurant, which will be called Mon Ami Louis, will be open from May to September,

and then act as an event centre during the slower winter months.

WOW will sign a five-year lease and invest \$100,000 in renovations.

WOW was one of eight proposals received by the city for the site after former tenants Chez Sophie shut down at the end of January.

WOW Hospitality runs several restaurants in Winnipeg including 529 Wellington, Peasant Cookery and 295 York Restaurant. METRO



A Manitoba First Nation says they are not being compensated fairly for the province's planned Bipole III transmission line, which will bring power from northern generating stations to homes and businesses in the south. HANDOUT/MANITOBA HYDRO

First Nation hints at delaying Bipole line

POWER LINE

Not getting fair share of benefits from project: Chief

A northern Manitoba First Nation said Thursday it may not get its fair share of benefits from a massive transmission line being built by the province's energy utility, and hinted at trying to delay the megaproject.

"There have been some discussions ... but to no satisfac-

tion of the duty to consult and accommodate, and in that respect, to maximize opportunity within our traditional territory," said Chief Michael Constant of the Opaskwayak Cree Nation.

"I am officially declaring stoppage of related works and negotiations until such time as our outstanding issues are addressed."

Opaskwayak, near The Pas, has some 5,800 members. Its traditional lands will be crossed by about 165 kilometres of the Bipole III transmission line, a \$4 billion project that is to bring power from northern generat-

"I am officially declaring stoppage of related works."
Chief Michael Constant

ing stations to the south.

Manitoba Hydro has been in discussions with all First Nations along the line route since 2008. A spokesman said Thursday talks with Opaskwayak appeared to be going well.

"I know that (Opaskwayak) did partner with a Korea-based

firm to submit a pre-qualification bid on construction, so there have been opportunities," Scott Powell said.

Grand Chief Derek Nepinak of the Assembly of Manitoba Chiefs said contracts are starting to be awarded before First Nations communities are being assured that they will get proper economic benefits.

"We think the jobs that should be created out of this \$4 billion opportunity should stay here at home. And most importantly, they should be designed to help our communities participate," Nepinak said.

THE CANADIAN PRESS

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Of all the beverage containers that weren't recycled, how many were yours?

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Goldeyes host open house

SHAW PARK

Event lets fans check out team and ballpark

DAVE
BAXTER
Metro | Winnipeg

The Winnipeg Goldeyes are kicking off their 2015 training camp this Saturday, and they're inviting the public to come down to the ballpark and check it out.

The Goldeyes will hold their annual open house Saturday from 11 a.m. to 2 p.m. at Shaw Park.

Players hoping to make the

2015 team will be on the field, and there will be a number of other things going on at the park for families.

"There will be ballpark tours where people can see the clubhouse and the press box, and there will be free hot dogs and drinks for the first 1,500 people at the park," said Goldeyes general manager Andrew Collier.

Mascots Goldie and Goldette will also be at the park on Saturday to hang out and take pictures with kids.

Collier said it is a tradition to hold an open house at the start of every Goldeyes season, and it is a way to thank the loyal Goldeyes fans that he said are such a huge part of the team's success.

"Our fans are the best,"



Press box tours will be just one of the many things going on this Saturday at the Winnipeg Goldeyes annual open house at Shaw Park. COURTESY WINNIPEG GOLDEYES

said Collier. "They come to the games whether it's two degrees or 30 degrees.

"And without a doubt the

fans and the ballpark, and the way our staff treats players is the selling feature to say this is the place to play. I know Rick

+ GAME DATES

The Goldeyes play their first home preseason game May 12 at 6 p.m. at Shaw Park against the Fargo-Moorhead Redhawks. Their first game of the regular season is May 15 in Kansas City against the Kansas City T-Bones.

Forney uses that as a big selling feature when he's trying to recruit players."

The open house takes place Saturday from 11-2 and individual Goldeyes tickets also go on sale at the same time. Tickets will be available both at the ballpark and at ticketmaster.ca.

IN BRIEF

Speeding car injures man

Police have laid charges after a man was hit by a car speeding through a skate park and baseball field in southwest Winnipeg. The 25-year-old man was not seriously injured, but police have said he is lucky to be alive. Investigators say an erratic driver going up to 80 kilometres an hour on Monday forced people to run for safety. Police say Andrew Scott Penner, who is 21, faces numerous charges, including criminal negligence causing bodily harm. He also faces counts of dangerous operation of a motor vehicle, failing to stop at an accident.

THE CANADIAN PRESS

5 MANITOBA PLACES WINNIPEGGERS SHOULD GO SEE

On Saturday, best-selling author and Winnipeg Free Press reporter Bartley Kives will launch a new edition of his *A Daytripper's Guide To Manitoba* at McNally Robinson, 7 p.m. Here are five places in the province he urges all Winnipeggers to see — if not this summer, then soon. **ALL PHOTOS BY BARTLEY KIVES**



1 Kwasitchewan Falls

Manitoba's highest waterfall plunges 14 metres along the Grass River. Visit and you'll probably have it to yourself. Get there on the way to Thompson by pulling over to see 13-metre Pisew Falls and going for a 22-kilometre loop hike. You can also pitch a tent for the night near Kwasitchewan Falls at one of four free campsites.



2 The Bloodvein River

One of Canada's most picturesque wilderness rivers, the Bloodvein descends through dozens of rapids between the Ontario border and Lake Winnipeg. You don't need to be a whitewater expert to paddle it, thanks to well-maintained portages. Granite cliffs, fantastic fishing, indigenous pictographs and abundant wildlife await.



3 Steep Rock

Along most of its shore, Lake Manitoba appears to be as shallow as a baking pan. At Steep Rock, you can walk or kayak among limestone cliffs. Come to take photos or just for the ride through the Interlake up Highway 6. There's also a small sandy beach near Steep Rock Beach Campground.

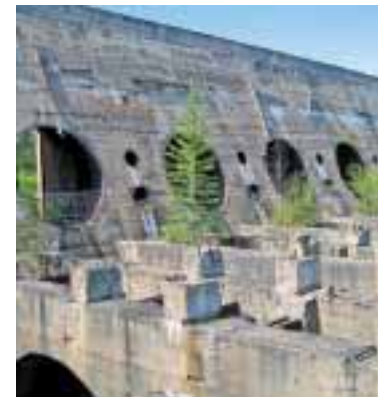


4 The MV Ithaca

Most tourists make the trek to Churchill to see the polar bears or beluga whales. But there are weirder sights to be seen at the northern Manitoba outpost — like the wreck of this freighter, which ran aground on the Hudson Bay tidal flats in 1960. You can walk right up to decomposing hulk at low tide in Bird Cove — provided you keep watch for potentially lethal bears.

5 Pinawa Dam

Winnipeggers understand industrial decay. We also love going to the lake. Combine those two disparate interests with a visit to Pinawa Dam Provincial Park, where the blasted remains of an old hydro dam serve as a steampunk backdrop for a unique series of swimming holes along the old spillway. The Dam Ruins walk alone is worth it.



What's your MyPlan type?

Take this quiz to learn how you should actually customize your MyPlan.

1 You're jamming to your favourite track and the phone rings. You...

- a) Pick it up, obviously.
- b) Take the call, but keep it short.
- c) See who it is, if it's important you'll take it.
- d) Ignore the call, your favourite song is playing.

2 What image looks the most like your typical Friday night?



3 Your phone dies when you're out. You...

- a) Don't even notice.
- b) Ask around for a charger.
- c) Borrow a phone if it's an emergency.
- d) Go home, gotta charge.



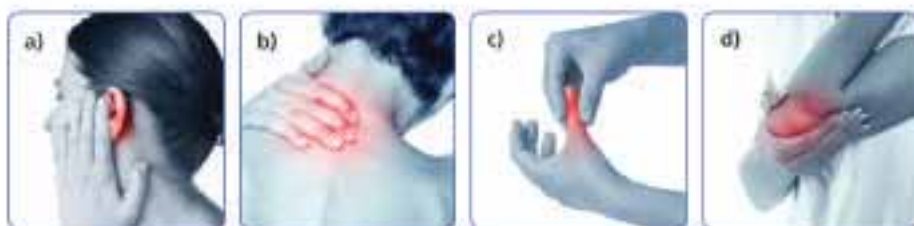
4 A friend sends you a video of a toddler singing that song from that cartoon with the princesses and the snowman. You...

- a) Watch it when you get home.
- b) Probably don't watch it.
- c) Watch it immediately.
- d) Watch it, send it to your mom, and share it online.

5 You're out for dinner and you get a new message. You...

- a) What message? Your phone is off.
- b) Wait until dinner is over, you've got manners.
- c) Excuse yourself to the bathroom and read the message.
- d) Ask your dinner companion if they mind that you read it.

6 What smartphone discomfort are you most likely to experience?



7 An unknown number calls you. You...

- a) Pick it up, of course.
- b) Ignore. That's what voice mail is for.
- c) Pick it up but pretend you're not you.
- d) Ignore and web search the number.



Tally your answers, then turn the page to find out your MyPlan type.



Of all the beverage containers that weren't recycled, how many were yours?

Last year, Manitobans recycled more beverage containers than ever before. Unfortunately, tons of them still ended up in the landfill, not a blue bin. Even a few containers pile up fast, so recycle your empty cans, bottles, cartons, and juice boxes every time.



ARTS DANCE THE NIGHT AWAY Dancers from For the Turnstiles rehearse at the Gas Station Arts Centre. The latest offering from Winnipeg's Contemporary Dancers runs until Saturday. Tickets, priced from \$15 to \$25, are available at 204-452-0229. WINNIPEG CONTEMPORARY DANCERS/ RHIANNON NEALE

MTS cuts 400 jobs

LABOUR

Telecom company has already laid off 100 workers

Manitoba Telecom Services Inc. says it's reducing the workforce at its Allstream national division by 25 per cent.

The Winnipeg-based company says 100 employees have already left and a further 400 have been notified they will be leaving the business in 2015 or 2016.

Manitoba Telecom says it's also cutting Allstream's capital budget by 20 to 30 per cent and reducing the parent company's dividend to shareholders.

The cuts follow a sweeping strategic review launched in February by Jay Forbes, who became

CEO of the telecom in January.

Allstream provides telecom services to large Canadian companies and multinational organizations operating in Canada - competing against companies such as Bell Canada and Telus, among others.

Manitoba Telecom had attempted to sell Allstream in 2013 but the \$520-million deal was blocked by Ottawa.

THE CANADIAN PRESS

IN BRIEF

Motorcycle crash

A Winnipeg man is dead after his motorcycle collided with a deer in rural Manitoba. Stonewall RCMP responded to the scene at about 10 p.m. Tuesday on Provincial Road 322, north of Grosse Isle. There they found a motorcycle on the road and an unconscious man nearby. He was pronounced dead at the scene. RCMP also found a deer near the scene, dead.

Police say the man was wearing a helmet and alcohol was not believed to be a factor in the accident. Police say the name of the man, 48, will not be released.

METRO

MUSIC

Twain adds second show in Winnipeg

Demand to see country superstar Shania Twain in Winnipeg is so high that she's now coming back to do a second show this year.

Twain is set to bring her Rock This Country show to MTS Centre on June 15, but because of demand for tickets she will come back to Winnipeg and do a second show at MTS Centre on Sept. 20.

The tour has now added a total of 19 fall dates, as people scramble to see Twain for what will likely be the last time.

She recently wrapped up a two-year residency in Las Vegas, and has said the Rock This Country tour will be her last.

"The Rock This Country tour

will have a different spirit than my past tours," said Twain in a statement. "It's a Shania they've never seen before. A lot of years have gone by and I've got a lot more to share."

METRO



Twain to play MTS Centre on Sept. 20. THE ASSOCIATED PRESS

Crown wants three years in perjury case

DZIEKANSKI DEATH

Taser victim's mother has impact letter read in court

When Zofia Cisowski immigrated to Canada she saw the RCMP as the symbol of democracy and trust, but that was destroyed in the years since officers jolted her son with a Taser, a court heard.

"My faith in the honesty of the RCMP has forever been shaken," said the mother's letter read at the sentencing of RCMP Const. Kwesi Millington on Thursday.

Millington was convicted of perjury for lying during a public inquiry into Robert Dziekanski's death at Vancouver International Airport in October 2007.

"It is difficult to put into a few or any words how the perjury of Mr. Millington has im-

pacted to me," B.C. Supreme Court Justice William Ehrcke read from Cisowski's writing.

Crown lawyer Scott Fenton told the hearing that the disgraced Mountie convicted of lying about the high-profile death of Dziekanski should spend up to three years in prison. Fenton said Millington's punishment should take into account the seriousness of his offence, that his testimony was vital to the inquiry and that his perjury was planned, deliberate and sustained.

"It was not an emotional, immediate, knee-jerk response to a question," he said. "It continued over three days. The accused had ample time to prepare for the inquiry."

The Crown argued Millington's position of authority, as well as his apparent lack of remorse, were aggravating factors that demanded a more serious punishment.

THE CANADIAN PRESS



Zofia Cisowski in Vancouver. JONATHAN HAYWARD/THE CANADIAN PRESS

IN BRIEF

Woman accused of faking illness to raise \$100,000

An Ontario woman has been charged with fraud after police say she allegedly faked a rare neurological disease to raise over \$100,000 in donations. Police say Cynthia Lynn Smith claimed to be suffering from Chronic Inflammatory Demyelinating Polyneuropathy and acted out many of its symptoms.

They say her family and friends helped the Burlington resident start a charity to raise money for experimental medicines.

Smith has been arrested and charged with defrauding the public over \$5,000.

THE CANADIAN PRESS

Ford sings for cancer fight

Rob Ford is lending his voice to a song in support of the fight against cancer.

In an online music video, the former mayor of Toronto — who is battling a rare form of cancer himself — can be seen in a recording booth singing one line on the track Not My Time.

The song features 11 other singers from the Rainbow Association of

Canadian Artists, a non-profit organization which celebrates diversity in music. Ford says he's asking people to put their politics aside and stand behind the cause.

Not My Time will be released on June 22. Pre-orders of the single are currently available online for \$3.49 US. Proceeds from the sale of the song will go towards The Canadian Cancer Society and the Rainbow Association of Canadian Artists.

THE CANADIAN PRESS

Elections Act charges filed against ex-minister's agent

The official agent for a former federal Conservative cabinet minister from Labrador has been charged under the Canada Elections Act with failing to return ineligible campaign contributions and submitting false documents. The Commissioner of Canada Elections, Yves Cote, issued a statement Thursday saying Reginald Bowers is facing three charges stemming from the 2011 federal election.

THE CANADIAN PRESS

More kids in ER for mental health, report finds

A growing number of Canadian children and youth are seeking help for mental health disorders at hospital emergency rooms and more are ending up being admitted for treatment, researchers say, suggesting that young people may be having difficulties accessing community-based ser-

vices.

In a report released Thursday, the Canadian Institute for Health Information (CIHI) shows ER visits for mental health issues among Canadians aged five to 24 jumped 45 per cent between 2006-2007 and 2013-2014.

Over the same seven-year

period, rates of in-patient hospitalizations that involved at least one overnight stay rose 37 per cent for this age group.

The study found that the highest use of hospital services was among youth aged 15 to 17, with ER visits rising by 53 per cent and in-patient hospitalizations up by 74 per cent.

Kids aged 10 to 14 also experienced a major increase in hospital services use, with ER visits jumping by 68 per cent and hospital admissions growing by 64 per cent.

"We know that people with mental disorders typically come more often and they stay longer in hospital," said

Kathleen Morris, CIHI's director of health system analysis and emerging issues.

"And because of that, on any given day, half of the hospital beds that are being used by children and youth are actually filled with a patient being treated for a mental disorder."

THE CANADIAN PRESS

45%

The increase in emergency room visits by young Canadians aged 5 to 24 for mental health issues in the last seven years, according to a report by the Canadian Institute for Health Information.

Your MyPlan type is...

If you answered mostly A, you're the talk more than you surf type.

You talk on the phone more than you use data. You have data out of necessity, since it keeps you connected. You only use what you need, when you need it.

If you answered mostly B, you're the surf more than you talk type.

You talk on the phone, but not as much as you use data. You're always streaming videos, downloading music or connecting with your social network.

If you answered mostly C, you're the small-talk, big data type.

You don't need a lot of minutes, since you're usually running apps and sending messages with data. You only take important calls and you'd rather text.

If you answered mostly D, you're the type that needs it all.

You talk on the phone a lot. You text a lot. You surf a lot. Your friends know you as the one who will always respond to a call or text.



/MTS Talks

When you're ready to build your MyPlan, visit mts.ca/buildmyplan or an MTS store to get started.



MTS

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New measures crack down on passports

TERRORISM

Changes allow authorities to cancel, revoke documents

Ottawa says it is introducing passport measures to prevent people they call would-be terrorists and sex offenders from travelling abroad.

The changes would allow authorities to cancel, revoke or refuse passports for national security or terrorism purposes.

Public Safety Minister Steven Blaney and Citizenship Minis-

ter Chris Alexander made the announcement on Thursday at Montreal's Pierre Elliott Trudeau International Airport.

The measures were included in the Conservatives' budget bill, which was introduced Thursday.

Blaney and Alexander also said people who have their passports revoked or cancelled will have to wait 10 years before applying for another.

The ministers added that the changes would allow Federal Court justices who preside over passport proceedings to protect information from being disclosed but to be able to use that information in reaching their decisions.

Alexander said the government is sending a "very strong message."

"We won't allow the Canadian passport to be used as a tool by terrorists to carry out unspeakable acts of violence, criminal acts, and Canada will not tolerate this type of behaviour," he told a news conference at the airport.

THE CANADIAN PRESS



Public Safety Minister Steven Blaney, right, speaks at an announcement on Canada's national security as Federal Immigration Minister Chris Alexander looks on in Montreal, Thursday. RYAN REMIOWZ/THE CANADIAN PRESS

CONFLICT-OF-INTEREST ALLEGATIONS

PQ leadership looms over Quebecor

The shadow of Quebecor Inc.'s controlling shareholder loomed large over the company's annual meeting Thursday despite efforts of board members to distance themselves from the man who will likely become leader of the Parti Quebecois.

Pierre Karl Peladeau, who owns the majority of voting shares in Quebecor, hasn't been involved in the governance of the company for "months and months," said Pierre Dion, president and CEO of the media conglomerate.

Since being elected to the

legislature last year, Peladeau and Quebecor have been dogged by conflict-of-interest allegations, while calls for him to divest his shares have increased ever since he launched his bid for the PQ leadership.

"I don't remember the last time I met with Pierre Karl," Dion told reporters after the meeting. "Mr. Peladeau is not involved in the day-to-day operations of this organization."

Peladeau maintains he is willing to put his Quebecor shares in a blind trust.

THE CANADIAN PRESS

IN BRIEF

Key bomb chemicals not found in cottage: Report

Police should have informed the public they knew a stockpile of chemicals that led to evacuations in two cities lacked key bomb ingredients, says a defence lawyer representing the man arrested in the high-profile case.

Mike Taylor was referring Thursday to one of several court exhibits released in the

case of 42-year-old Christopher Phillips, who has been charged with uttering threats and possessing a weapon: the hazardous chemical osmium tetroxide.

Forensics expert Melanie Brochu wrote that chemicals police found in Phillips' cottage in Grand Desert didn't include the ingredients needed for homemade explosives.

THE CANADIAN PRESS

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Khadr asks public for trust

EDMONTON

'Guantanamo's Child' released after more than a decade

After spending more than a decade in prison, Omar Khadr says he'll show Canadians — and Prime Minister Stephen Harper — that he's worthy of their trust.

Speaking publicly for the first time since his release on bail, the former Guantanamo Bay inmate thanked Canadians on Thursday for giving him a chance.

"I will prove to them that I'm more than what they thought of me, I'll prove to them that I'm a good person," he said outside his lawyer's home.

"Give me a chance, see who I am as a person not as a name, and then they can make their own judgment after that."

With a few words, an Alberta justice on Thursday paved the way for Khadr to get his first taste of freedom in almost 13 years.

Appeal Court Justice Myra Bielby rejected the government's last-ditch attempt to block his bail. The government, she said, had failed to prove his release would cause serious harm to Canadian interests or pose a risk to the public.

"Mr. Khadr, you're free to go," Bielby said Thursday.

Khadr's longtime lawyer Dennis Edney walked over to his client and whispered, "We done it." Edney's wife, Patricia sobbed uncontrollably for a few minutes, then hugged and kissed her husband.

Outside court, an emotional Edney said the day had been a long time coming as he talked about his client's ordeal since the Americans captured him grievously wounded in Afghanistan in July 2002, when he was 15 years old.



Omar Khadr, right, walks out of court Thursday with his lawyer Dennis Edney in Edmonton. HANDOUT/THE CANADIAN PRESS

Khadr's bail comes with conditions

Omar Khadr has been released on \$5,000 bail while he appeals his war crimes convictions in the United States.

His bail conditions include:

- Must wear an electronic monitoring device.
- Must live with his lawyer Dennis Edney.
- Must observe a nightly curfew from 10 p.m. to 7 a.m.

- Cannot leave Alberta without prior approval, except to visit Edneys' vacation home in B.C.
- May only contact his family by telephone or video under the Edneys' supervision, and chat must be in English.
- May only have in-person visits with his family with prior approval from a bail supervisor.
- Any Internet access will be restricted and must be monitored and supervised.

ALBERTA COURT OF QUEEN'S BENCH

We left a Canadian child in Guantanamo Bay to suffer torture (and) we Canada participated in this torture. So today's a wonderful day for justice.

Dennis Edney, Omar Khadr's longtime lawyer

The government, which has consistently branded Khadr an unrepentant terrorist and said it would fight his release every step of the way, expressed disappointment at the latest turn of events.

As paperwork was prepared for Khadr's release, which comes with a list of restrictions including wearing a tracking bracelet and a curfew, an emotional Edney stepped outside to denounce a federal government under

Prime Minister Stephen Harper for showing no mercy.

Edney's co-counsel, Nate Whiting, tweeted a picture of the two leaving the courthouse Thursday.

Khadr pleaded guilty in October 2010 before a widely discredited military commission to five war crimes — including murder in the death of a U.S. special forces soldier. In exchange, the commission handed him a further eight-year sentence.

Dubbed "Guantanamo's Child," he was the youngest inmate and lone westerner left in the naval prison at the time. He remains the only person convicted of murder for the battlefield death of an American soldier in Afghanistan.

Khadr returned to Canada from Guantanamo Bay in 2012 under an international transfer treaty, and later said he had only pleaded guilty to get out of the notorious prison.

Last month, Alberta Court of Queen's Bench Justice June Ross granted his bid for bail while he appeals his war-crimes conviction, but the Canadian government made a last-ditch attempt to have the ruling stayed.

Bielby, after thinking about it for two days, would have none

of it. Any risks to Canadian interests were largely speculative and at best minor, she said.

Following his transfer to Canada, Khadr was housed in a maximum security institution in Ontario, before being transferred to Edmonton, and then to Bowden Institution near Innisfail, Alta., where he was recently classified as a minimum security prisoner.

Khadr's legal odyssey is far from over.

His \$20-million civil lawsuit that claims the government conspired with the Americans to torture him and breach his rights is still ongoing, while Ottawa's challenge of his youth status reaches the Supreme Court of Canada next week.

THE CANADIAN PRESS

COMMUNITY

Support for Khadr strong

For the last 12 years, in between interrogation sessions and working in prison factories, Omar Khadr has been trying to learn beyond his Grade 8 education.

Khadr, now 28, has always known the day would come when he would finally leave prison and have to adjust to everyday life.

While governments, circumstance and his parents, each in their own way, have failed Khadr, strangers stepped into the void to help educate him.

Nine Alberta university professors, most of them from The King's University in suburban Edmonton, spent years visiting Khadr in prison, and tutoring him. Since Khadr was transferred to Alberta in May 2013, the professors worked with him at least once a week.

There were also those who offered Khadr a schooling of another kind — not in books but in the benefits of socializing and shooting the breeze. These socially adept university students and recent graduates wrote him letters and visit him in prison.

Seven women from various countries have even started the online campaign Free Omar Khadr Now. University of Alberta graduate Muna Abougoush is one of them. She began the website six years ago to keep Khadr's name circulating.

"Omar has such a support community," says Abougoush. This past Christmas, Khadr received 500 letters from supporters — some as far away as China. And he tries to answer them all.

Khadr's supporters come from different faiths and cultures. They have all become his safety net, supporting his lawyer Dennis Edney and his wife Patricia.

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Cocaine backpacker Mardonio Borda, 19, poses for a picture during an interview, in La Mar, Ayacucho, Peru. THE ASSOCIATED PRESS

High-risk journeys by young smugglers

DRUGS

The first leg in cocaine's route out of Peru

The lung-searing ascents into the Andean highlands aren't what worry the untold hundreds of young men who hump backpacks loaded with drugs out of the remote, lawless valley that produces about 60 per cent of Peru's cocaine.

Armed gangs, crooked police and rival backpacker groups regularly rob cocaine's beasts of burden on their three- to five-day journeys over mountain paths carved by their pre-Incan ancestors.

In this country that overtook Colombia in 2012 as the world's No. 1 cocaine-producing nation, Mardonio Borda regularly hikes within a few hours of the Machu Picchu tourist mecca, bound for Cuzco with drugs.

The 19-year-old Quechua native has a sixth-grade education and speaks broken Spanish. But the 11 pounds of coca paste he carries will fetch up to \$250,000 on New York streets as powder cocaine sold by the gram.

Hauling cocaine is about the only way to earn decent

cash — \$150 to \$400 per trip depending on the load — in a region where a farmhand earns less than \$10 a day and the poverty rate is triple the national average.

Yet it is packing highlands prisons with young, mostly native Quechua speakers who, like Borda, hail from the isolated communities that suffered the worst atrocities of Peru's 1980-2000 conflict with Shining Path rebels.

"The great majority haven't finished high school," said Laura Barrenechea, a sociologist who oversaw a study last year of 33 imprisoned backpackers.

"They are not really conscious that they are the first link in the drug-trafficking chain."

The Apurimac, Ene and Mantaro river valley stretches northward for 400 kilometres, and about a third of the coca grown here is trekked out by backpackers.

Not a single fully paved road reaches the valley, which separates the Andes ridge from the Amazon basin.

Police say more and more cocaine is being processed to powder rather than left as coca paste, which includes residues of hydrocarbons, typically gasoline, used in initial processing.

"I'm embarrassed for this country because we have not offered them opportunity"

Peruvian President Ollanta Humala

While authorities say most of the drugs are now flown out, the backpacking is dependable in the rainy season, cheaper than hiring a pilot and plane — and key to evading police checkpoints.

Alcides Martinez, 24, lost two close friends. One fell off

a precipice in the confusion of an armed robbery. Another was deemed an informant — and took two bullets to the head.

Many backpackers believe their bosses sometimes dispatch robbers — or sacrifice a small group to police so a much larger contingent can pass unperturbed carrying far more cocaine.

One said he invested in a load to try to get ahead and his boss hired thieves to steal his 25-kg share — then demanded he pay for the stolen drugs.

The backpacker moved with his parents to the Pacific coast, where they harvest rice. Two years later, they still haven't paid off the \$10,000 bank loan taken to invest in the shipment.

THE ASSOCIATED PRESS

+ BACKPACKS AND RIFLES

Backpackers, or "mochileros," ("mochila" is Spanish for backpack), have been hauling cocaine in Peru for nearly two decades, traveling in groups as small as four and as large as 70.

Guards with assault rifles often accompany them. They tote radios and satellite phones, while police rarely have more than cell-

phones. Some backpackers carry handguns, some grenades. Nobody hits the trail unarmed, they say. Sociologist and drug war analyst Jaime Antezana said cocaine backpackers are disproportionately penalized because powerful traffickers evade prosecution by bribing.

THE ASSOCIATED PRESS

Zoo names monkey after British princess

CHARLOTTE

Japanese zoo apologizes; seeks advice from British

A Japanese zoo has apologized after being criticized for naming a baby monkey Charlotte, the name of the newborn British princess.

The Takasakiyama Natural Zoological Garden said Thursday it was considering renaming the macaque. It was flooded with angry calls and emails Wednesday after announcing the name for its first monkey born this year, a tradition at the zoo run by the southern city of Oita.

Charlotte was the favourite in a public ballot, receiving 59 out of 853 votes in the counting, conducted after the female monkey was born Wednesday.

Votes for Charlotte surged

after the British princess was named Monday and topped the ballot in the last three days of voting, which ran from March 27 to May 6.

Many critics said giving the princess' name to a monkey was disrespectful to British royals. According to zoo official Akira Asano, some said the Japanese people would feel offended if a monkey were named after Japanese princesses.

The complaints originated in Japan. Asano said he was not aware of any complaints from British citizens. He said the zoo has also received support for Charlotte, and the views are now largely divided.

Officials at the zoo and the city were still discussing what to do with the monkey's name. The zoo now plans to seek advice from the British Embassy before making a final decision, Kyodo News agency reported.

The embassy declined to comment. THE ASSOCIATED PRESS



Newborn monkey Charlotte clings to her mom at the zoo in Oita. TAKASAKIYAMA NATURAL ZOOLOGICAL GARDEN/THE ASSOCIATED PRESS

SOCIAL MEDIA

Nude pics problem for Miss Zimbabwe

Last year, Miss Zimbabwe quit after photographs of the beauty queen posing naked emerged on social media. This year's Miss Zimbabwe faces a similar scandal.

Organizers of the Miss Zimbabwe pageant said they are investigating 25-year-old Emily Kachote two weeks into her reign after photos that allegedly show her nude appeared on the Internet.

Kachote, who would represent Zimbabwe at the Miss World finals later this year, will be dethroned if the photos are authentic, pageant spokesman Tendai Chirau said this week.

The contestants signed contracts declaring they had never posed nude before the pageant and that, in the event of winning the crown, they would not pose naked during the yearlong tenure as Miss Zimbabwe.

Kachote told H Metro, a Zimbabwean tabloid newspaper, that she suspected "these pictures" would emerge but "it happened a long time ago."

She referred to a date with a man whose home she visited, saying: "We had some drinks and I had no control over every-



Miss Zimbabwe, Emily Kachote. THE ASSOCIATED PRESS

thing that happened that night. I no longer have anything to do with the guy."

Some people in Zimbabwe sympathize with Kachote, saying those who leak nude photos in such cases deserve criticism.

"This is another form of abuse. Everyone is entitled to privacy and imagine the trauma she could be going through," Zimbabwe's Herald newspaper quoted musician Albert Nyathi as saying.

"Women are abused a lot in Zimbabwe and it's high time it should stop," he added.

THE ASSOCIATED PRESS

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PARIS

UN slowed abuse claim: Prosecutor

The "UN hierarchy" rejected French efforts to hear from the author of a UN report alleging that French soldiers sexually abused four children in the Central African Republic, the Paris prosecutor's office said Thursday.

The revelation accompanied word that French authorities had opened a formal judicial inquiry into the case that the Paris prosecutors' office knew about in July, but was made public only last week following a report in the British newspaper the Guardian. Independent judges will now take over the case from the prosecutor's office, an acknowledgment of the seriousness and complexity of the accusations that have sparked international dismay and led to the suspension of a UN official who leaked the abuse claims.

The prosecutor's office said

UN officials twice rejected French efforts to speak with the report's author, though she was willing to talk with them in Paris. The report's author said she spoke with six children, four who said they were abused and two others who said they witnessed the abuse.

"The UN hierarchy refused this questioning, however, indicating that the functionary benefited from immunity that had to be lifted before any questioning," the prosecutor's office said in a statement. The report's author was not identified.

The statement also cited a total of more than six months of delays in French investigators' efforts to get answers from her, which finally resulted in written responses received on April 29 and in turn led to the probe announced Thursday.

THE ASSOCIATED PRESS

MIGRANT CRISIS

Discovery matches migrants' boat

Italian navy ships on Thursday located what is believed to be the fishing boat that capsized April 18 with an estimated 800 migrants aboard, a tragedy that spurred Italy and Europe into a new round of soul-searching over how to cope with the record waves of migrants coming ashore from Libya.

Using sonar and a submarine, the navy said Thursday it had located a blue, 25-metre vessel matching the description of the doomed boat about 135 kilometres northeast of the Libyan coast. It was resting on the seabed at a depth of around 375 metres, a statement said.

A navy official said the boat could be raised at such depths, but that any decision to do so rested with Sicilian prosecutors who are conducting the criminal investigation into the deaths and requested the navy try to locate the wreck.

Survivors reported that up to 800 people were locked into two levels of the hold by the smugglers. The boat capsized when its captain mistakenly rammed it into the freighter that had come to its rescue. It was further destabilized when the migrants on deck then rushed to one side hoping to get off first. THE ASSOCIATED PRESS

IN BRIEF

Six-year-old girl dies after sailboat sinks in Atlantic

A 6-year-old French girl who braved hours in the ocean with her father amid 10-metre waves after a yacht sank in the mid-Atlantic later died of hypothermia, Portuguese authorities said Thursday. A French sailboat carrying a French couple and their two children sank after midnight, Portuguese navy spokesman Paulo Vicente said. The mother and 9-year-old son climbed into the yacht's lifeboat and were picked up by a merchant ship.

THE ASSOCIATED PRESS

U.S., Saudi Arabia call for 5-day cease-fire in Yemen

Saudi Arabia and the United States on Thursday announced a five-day, renewable cease-fire in Yemen's war to allow aid to reach millions of civilians caught in a humanitarian crisis from the conflict. But the truce is dependent on Iran-backed rebels and their allies also agreeing to stop fighting, they said. The announcement came as battles raged in several parts of Yemen between forces loyal to the nation's internationally recognized president and the Shiite rebels and their allies.

THE ASSOCIATED PRESS



U.K. Labour Party Parliamentary candidate for Aberavon, Stephen Kinnock stands with his wife, Prime Minister of Denmark Helle Thorning-Schmidt during the counting in Britain's election at Neath Sports Centre in Neath, Wales Thursday. British voters streamed to schools, churches and pubs Thursday for a say in their country's future, voting for lawmakers in an election expected to produce no clear victor and lead to days of frantic haggling for power. JOE GIDDENS/THE ASSOCIATED PRESS

Exit poll sees strong showing for Tories

U.K. ELECTION

About 50M registered to vote

British voters streamed to schools, churches and pubs Thursday for a say in their country's future, voting for lawmakers in an election expected to produce no clear victor and lead to days of frantic haggling for power.

Prime Minister David Cameron's Conservative Party fared much better than expected, an exit poll projected, suggesting it is within touch-

ing distance of forming a new government.

The opposition Labour Party of Ed Miliband took a beating, according to the poll, much of it due to the rise of the separatist Scottish National Party.

Cameron's coalition partner, the Liberal Democrat Party, was expected to lose most of its seats.

If no party wins outright, it may take days or weeks of negotiation to forge a workable government.

The carefully stage-managed campaign lacked impromptu drama. But television debate appearances in which the public put questions di-

rectly to the politicians made plain that many distrust promises to safeguard the economy, protect the National Health Service from severe cutbacks and control the number of migrants from the European Union.

Voters were making their voices heard all across this island nation of 64 million people. And signs of the unfolding political drama were abundant. The squares opposite Parliament were packed with temporary outdoor television studios, while commuters picked up newspapers urging voters to the polls.

THE ASSOCIATED PRESS

+ UPDATES

The exit poll projected that the Conservatives would get 316 seats — up from 302 and far more than had been predicted — and Labour 239, down from 256. The Liberal Democrats would shrink from 56 seats to 10, while the Scottish nationalists would grow from six to 58, all but one of Scotland's seats.

+ LATEST RESULTS, METRONEWS.CA

FRANCE

Phone-tapping of Sarkozy was legal: Court

The Paris appeals court ruled Thursday that investigating judges didn't break any laws when they tapped conversations between former President Nicolas Sarkozy and his lawyer, in connection with a probe into past campaign financing.

The decision Thursday is a new blow to the conservative opposition leader as he eyes a 2017 presidential bid, because it allows investigations to resume.

Sarkozy is under preliminary charges for active corruption and influence-peddling based

on information gleaned from the phone taps. It's among several legal cases he has faced since losing the presidency to Francois Hollande in 2012 — but it's the case that has the greatest chances of seeing Sarkozy sent to trial.

Sarkozy and his lawyer Thierry Herzog had protested the phone taps, saying they breached lawyer-client privilege and that the investigating judges didn't get proper authorization.

But the appeals court ruled in favour of investigators, ac-

cording to Herzog's lawyer, Paul-Albert Iweins. The court found that wiretapping on different phone lines used by Sarkozy under his own name and under the false identity of "Paul Bismuth" had been legally carried out, except for one minor phone line.

Lawyers said Sarkozy and Herzog would appeal to France's top court, the Cour de Cassation. "The fight for the confidentiality of communications between a lawyer and client is not just Thierry Herzog's fight, it is the fight of all

lawyers," Iweins said.

Investigators tapped the phones in 2013-2014 as part of a probe into illegal financing of Sarkozy's 2007 presidential campaign. By chance, they discovered an alleged influence-peddling plot by Sarkozy and Herzog as they tried to obtain confidential information about the financing probe.

That discovery prompted a new, separate investigation. The ruling Thursday means that investigation can now resume after a seven-month suspension. THE ASSOCIATED PRESS

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World

WEEKEND, May 8-10, 2015 17



OKLAHOMA FLASH FLOODS, TORNADOES DESTROY HOMES, INJURE AT LEAST 12 Yuki Fukui in his RV which was knocked onto its side during Wednesday's severe storms that tore through Oklahoma City. Gov. Mary Fallin has declared a state of emergency in 12 Oklahoma counties. Also hit were parts of Texas, Kansas and Nebraska. THE ASSOCIATED PRESS

Collecting phone records illegal: Court

UNITED STATES

Congress must balance privacy with security

The unprecedented and unwarranted bulk collection of Americans' phone records by the government is illegal because it wasn't authorized by Congress, a federal appeals court said Thursday as it asked legislators to decide how to balance national security and privacy interests.

The National Security Agency's collection and storage of U.S. landline calling records — times, dates and numbers but not content of the calls — was the most controversial program among many disclosed in 2013 by former NSA systems administrator Edward Snowden. Some NSA officials opposed the program, and independent evaluations have found it of limited value as a counterterrorism tool. Snowden remains exiled in Russia.

On Thursday, a three-judge panel of a Court of Appeals in Manhattan permitted the NSA to continue temporarily

as it exists, but all but pleaded for Congress to better define where boundaries exist.

"In light of the asserted national security interests at stake, we deem it prudent to pause to allow an opportunity for debate in Congress that may (or may not) profoundly alter the legal landscape," said the opinion written by Judge Gerald Lynch.

A lower court judge in December tossed out an American Civil Liberties Union lawsuit, saying the program was a necessary extension to security taken after the 2001 terror attacks. THE ASSOCIATED PRESS

IN BRIEF

Steel spikes to be added to White House fence

The U.S. Secret Service is adding a second layer of steel spikes to the top of the White House fence to keep would-be intruders at bay, according to a proposal approved Thursday by the National Capitol Planning Commission. The steel pencil point spikes will be snapped into place at the top of the fence and protrude outward, according to a diagram included in the proposal by the Secret Service. THE ASSOCIATED PRESS

NUCLEAR TALKS

U.S. Senate passes bill on Iran deal

The U.S. Senate muscled its way into President Barack Obama's talks to curb Iran's nuclear program, overwhelmingly backing legislation Thursday that would let Congress review and possibly reject any final deal with Tehran.

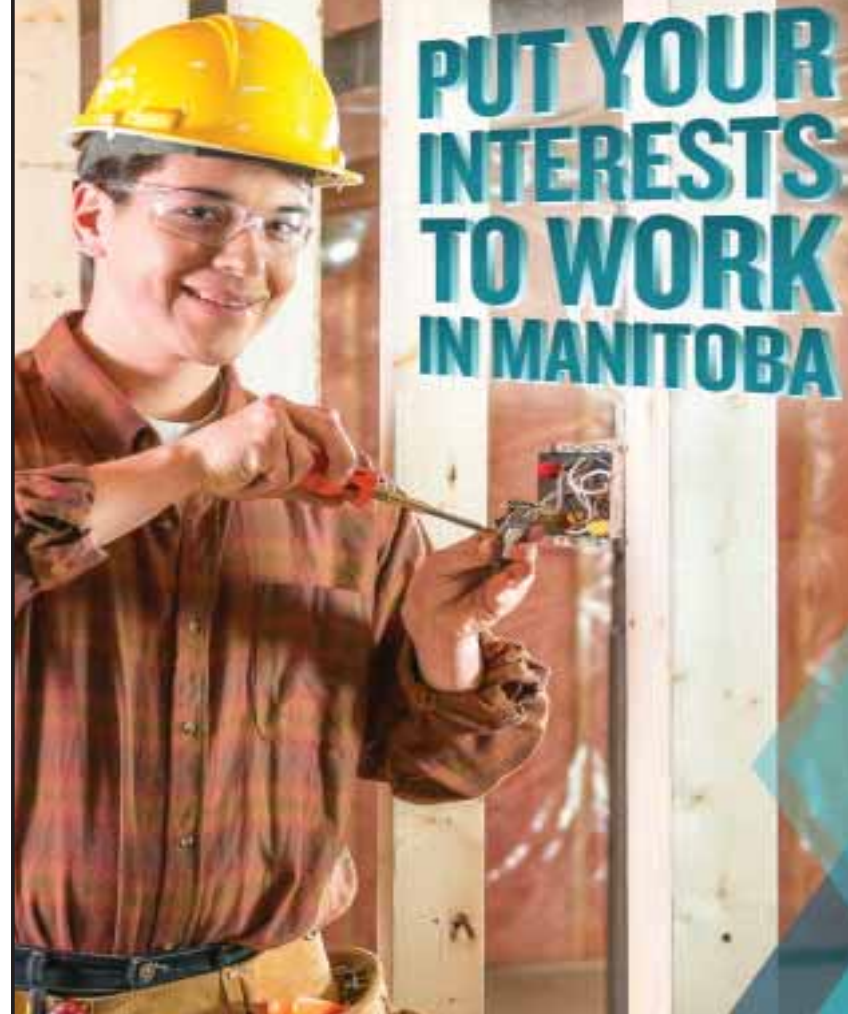
The vote was 98-1 for the bipartisan bill that would give Congress a say on what could be a historic accord that the United States and five other nations are trying to finalize with Iran. Under the agree-

ment, Iran would roll back its nuclear program in exchange for relief from crippling economy penalties.

The lone no vote came from Sen. Tom Cotton, a Republican who wants the administration to submit any agreement to the Senate as a treaty. That would require approval of two-thirds of the Senate. The House is expected to vote next week on the measure.

The talks resume next week in Vienna. THE ASSOCIATED PRESS

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20 WEEKEND, May 8-10, 2015

Business metro NEWS

Facebook exec faces new work-life crisis over death

CAREERS

Loss of partner raises question of how soon to return to work

What happened to Sheryl Sandberg could happen to anyone: the woman who wrote the book on balancing career and family will have to figure out how soon she will return to her high-profile job following the unexpected death of her husband.

In the book *Lean In*, the Facebook chief operating officer wrote that marriage is "the biggest career decision" a person can make and implored women who want to move up the corporate ladder to settle with someone who wants to do his share in the home.

Now, Sandberg faces the prospect of raising two young children and continuing in a high-flying tech career without David Goldberg, her husband of 11 years who she often credits with providing the support that was necessary for her to succeed both personally and professionally.

"Dave was my rock," Sandberg wrote in a Facebook tribute Tuesday after the funeral of David Goldberg, who died in a treadmill accident while vacationing in Mexico. "When I got upset, he stayed calm. When I was worried, he said



Facebook COO Sheryl Sandberg with her late husband, David Goldberg, in a 2011 file photo. Goldberg died while exercising at a Mexican vacation resort on Friday. THE ASSOCIATED PRESS FILE

it would be OK. When I wasn't sure what to do, he figured it out."

Sandberg has not made public her plans on returning to Facebook, but the decision she faces highlights a question that the average worker is not prepared to consider until a similar tragedy strikes: how soon is too soon to return to



The first issue is when to go back to work after tragedy strikes ... There is no easy answer on that.

Karissa Thacker, workplace psychologist

work after losing a partner, parent or child?

For those who can, experts recommend taking time off. Many big companies offer a

few days of paid bereavement leave and counselling for employees once they return to work. But experts say workers can

grieve for weeks, months, even years following a death. At a time when workers are being asked to spend more of their time at the office and away from home, they say more companies are flexible in these circumstances.

Karissa Thacker, a workplace psychologist who has consulted for companies such as Ford, UPS and Best Buy, said she thinks Sandberg will "certainly Lean In" and negotiate how much time she needs for herself during this difficult time. As the No. 2 executive at Facebook (one of the Top 20 best places to work in 2015, according to Glassdoor), she is in a position to do so. But other workers in less high-profile jobs may also be afforded more time.

Many workers find it difficult to jump back into the demands of their daily workload once they're back at the office. Experts suggest a slow return to work, even going part-time for a while, if possible. And they say everyone from the employers to the workers themselves should be flexible.

Getting back into a routine can help with coping, though. Some people use their grief to help others. Katie Couric, the TV journalist and former talk-show host who lost her husband to colon cancer in 1998, became an outspoken advocate for colon-cancer awareness.

THE ASSOCIATED PRESS

MCDONALD'S

Kale salad on menu in Canada

Canadian McDonald's outlets are now serving up new salads featuring an unexpected ingredient from the struggling fast-food giant: Kale.

The world's biggest burger chain, in a battle to reinvent itself, introduced three salads in Canada on Thursday with trendy kale as an ingredient.

The nutrient-rich green has seen a surge in popularity in recent years as health-conscious consumers have eaten leafy kale in salads, smoothies and even baked as chips.

Chris Foong, an analyst with research firm Datassential, said in an email that the number of dining establishments in Canada with kale on the menu increased more than six-fold between 2010 and 2014, to nine per cent of all restaurants across the country. The vegetable is even referenced in Beyonce's music video for last year's "7/11" single, in which the singer wears a sweater emblazoned with the word "Kale".

THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD

metroview

Finding joy in every day: My mother's love is in the details

It's the week before Mother's Day, and I get a parcel in the mail.

I don't have kids. I have a mum to whom Canada Post owes heartfelt gratitude for the money she continues to spend on postage. A mum with a talent for what I call "small-ities" — tiny gestures, short notes, little kindnesses.

This time the parcel consists of a hand-me-down book of poetry, a clipping from the Victoria Times-Colonist newspaper and a postcard bearing the image of an elephant, dressed as a scientist, gawking at the explosion he's just created.

"There's bound to be the odd explosion," mum writes in her larger, rounded script, responding to a recent conversation where I had some complaining to do about life.

Many people live in the anticipation, or the wake, of these explosions. Some, like my mum, live more in the joyous details of a day, and they make things nicer for the rest of us.

Each time she sends me mail — at least a monthly occurrence — I feel surprised, loved, comforted and guilty.

It's not just that I send comparatively few sweet notes and, in this case, have as yet put nothing in the mail for Mother's Day. It's that I'll never be as thoughtful as she is.

For every person she knows tangentially who has

a new baby, there is a book. For every friend she walks dogs with, a birthday jar of jam. In the spring, she always left potted hyacinths in our bedrooms, and their perfume reminds me of the way she eschewed fancy pots and placed the plants, instead, on a random saucer.

Her gestures aren't expensive. They often come in reused wrapping paper. Sometimes she finds them washed up on the beach. They might be a batch of "everything cookies" — made of coconut, chocolate chips, raisins and oats.

If she had to make an effort to be this way, it would be exhausting. But this is no practice of mindfulness. No trick from a self-help book. She is like the little songbirds she loves so much, who go about eating seeds and darting between trees without over-thinking it.

The other morning, she was distracted while playing tennis by a large heron flying into a nearby tree to wrestle away dead branches for his nest.

"He must have been a good 20 or 30 minutes, the poor bird, trying to get twigs," she said.

Every time I manage to hear a bird chirp above the nattering in my own head, I'm reminded of her. Sometimes I even try to be more grateful for — and attentive to — the small kindnesses of life.

Happy face/Sad face

From **patient protests** to **vivacious veterans**, Metro weighs in on the newsmaking headlines



Noises cause more than feline fright

A study in the Journal of Feline Medicine and Surgery found certain sounds — especially crinkling tinfoil, but also jangling keys or the clink of a spoon — can cause seizures in elderly cats. The researchers suggested cats are hypersensitive to sounds in the same pitch as a rodent's squeal — though even some deaf cats have been reported to suffer from this strange syndrome.

BBC.COM



Peeved patient asks to be paid for wait

Time is money, and Leslie Ellins wants a refund for hers. She wrote a letter to a Peterborough, Ont. hospital demanding to be reimbursed after waiting an hour and a half for an injection. She enclosed a bill for \$122.50 for her time. Ellins was irate that four patients were scheduled at the same time and said it was the last straw when the doctor and staff had the gall to take a lunch break while she waited.

THE CANADIAN PRESS



Veteran wages war on would-be attacker

A robber got more than he bargained for when he attacked 95-year-old Second World War veteran Arthur Kamberis in New Hampshire. Kamberis was leaving a pharmacy when a man approached and reached for his wallet. Kamberis gave the man several firm whacks with his cane before a passer-by came to his aid. The attacker fled. Kamberis wasn't hurt, and the Good Samaritan drove him home. Police are still searching for a suspect.

THE ASSOCIATED PRESS



Teen brings some sass to sex ed

The Internet was treated to some of the cheekiest answers ever on a sex-education quiz this week after a post on the photo-sharing site Imgur went viral. On the test, then-14-year-old Montrealer Mariah Fridman was asked to describe how to deal with a partner's objections to condoms. For "I don't have a condom with me," she suggested the comeback, "I don't have my vagina with me." For "Just this once; we hardly ever have sex," she quipped, "Now you know why."

BUZZFEED.COM

Avoiding touchy topics won't make them go away

THE KOHLER REPORT

Rebecca Kohler



Thousands of students across Ontario missed out on school this week when their parents kept them home in protest of the province's new sex-ed curriculum. The updated lesson plans touch on things (no pun intended) like gender identity, anal sex and the potential dangers of sexting. While these topics are new territory for some people, what got me giggling was certain parents' concerns over the fact that masturbation would be discussed with Grade 6 students.

In fact, there was a rumour circulating that teachers were actually going to demonstrate how to masturbate. I found this idea amusing, and then, as I started picturing some of

my elementary-school teachers giving such a lesson, disturbing. Would they do it casually while leaning on their desk? Bring in a trundle bed for the occasion? I thought of one of my French teachers — I'll call her Madame LaTulipe — who was missing half of one finger. And then I realized I don't know how to say "masturbate" in French, despite having been in French immersion. (They seriously don't know how to teach French in this country.)

Later, I remembered how when I was a kid I didn't hold my pencil properly, and my teacher put a plastic triangle on it to correct my finger positioning. Would there be a plastic triangle for the kids who didn't masturbate properly? A penis triangle?

Weird imaginings aside, I do think it's important to talk about masturbation in school just in case kids feel weird

about it, or if for some inexplicable reason they haven't yet discovered the best app the body has to offer.

And that's what a lot of the concerned parents are wary of: that the new curriculum will sexualize their children. But that's based on an age-old misconception. The truth is, children sexualize themselves — I mean, all the school supplies needed for this subject can be found in their pants.

Meanwhile, a Texas high school is in the news this week because it has been hit with a chlamydia outbreak, and guess what the school's sex-ed program teaches? Abstinence. They don't teach, "How to have sex and catch chlamydia." They teach nothing.

Perhaps parents should be more upset that, while there's so much to learn, schools are wasting precious time teaching kids something

The truth is, children sexualize themselves. All the school supplies for this subject are found in their pants.

they already know. (Why not a lesson in, "How to breathe through your nose and/or mouth"? But no — they kept their children home for fear their little innocents would go to school and learn how to masturbate.

I wonder how those kids passed the time all alone in their rooms.

Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

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“Once people see the suites, they’re acting, and quickly” Only 7 suites left.

Sometimes – especially in real estate – you need to see something firsthand to believe it.

That’s the case with 454 Beliveau Condominiums, said Cornerstone Real Estate’s Garry Hirsch.

“This is the Sunrex Group of Companies’ latest condominium community, and it’s one of their best to date,” he said. “It’s a project that offers affordable luxury. But to see what that means, you actually have to walk through the one and two-bedroom display suites to get an idea of how much style – and value – they deliver. Prices range from \$167,900 to \$174,900 for one-bedroom suites and \$199,900 to \$204,900 for two bedroom suites. That’s unbeatable value.”

That value is unbeatable because suites not only deliver style and value, but they also deliver quality in every area.

“Sunrex means it when they say their condominium communities will deliver quality, value and style,” said Hirsch, who’s marketing 454 Beliveau along with his wife, Debbie Hirsch. “In particular, the quality of the finishes you see throughout all the suites is outstanding.”

An example of each suite’s high finishing quality is on display in the galley-style kitchens, which feature two finishes: white cabinets with grey laminate countertops, or dark, textured wood veneer cabinets with taupe laminate countertops.

“Kitchens also come equipped with elegant white subway tile backsplashes and four brand-new Whirlpool stainless steel appliances – a smooth top self-cleaning stove, fridge with bottom-load freezer, multi-cycle dishwasher and over-the-range microwave/hood fan,” said Debbie. “It’s an impressive appliance package.”

Flooring choices are equally impressive. Choices include

either hardwood-style laminate flooring, or short twist nylon carpet in living rooms; durable vinyl flooring in kitchens; and plush wall-to-wall carpet in bedrooms. Garry Hirsch said the amenities don’t end there. “There are bar-style counters for two to three that open from kitchens onto living rooms, creating a nice open space that’s fabulous for entertaining,” he said. “Living rooms are spacious, and feature new seven-foot patio doors that lead to either a huge covered deck along with private fenced yard with all main floor suites, or private, oversized balconies on upper floors. Both areas are ideal for entertaining, or relaxing in style, and comfort.”

Master suites and bathrooms are also loaded with functional – and desirable – features, added Hirsch.

“All master bedrooms are huge with plush carpeting, new dual-pane windows and deep walk-in closets. Right across the way from master suites is a beautiful four-piece bath with new soaker tub, tile surround, oval Uber-Haus sink with mod faucet – and gorgeous glass tile trim in the shower and over the sink. It’s a relaxing, spa-like space that’s as luxurious as ensuites that come with condominiums that cost thousands more.”

In fact, the suites at 454 Beliveau do look as if they should bear a higher price tag, but don’t. It’s a quality that’s rare in condominium communities these days, whether they be new or old.

“I would put it this way – you get far more than you bargained for at 454 Beliveau,” said Hirsch. “Sunrex has done an amazing job, to say the least. They’ve managed to deliver incredible value without sacrificing style. You have to see it to believe it.”

Royal LePage Dynamic Realty’s Sheraz Ali said once people see the suites, they’re acting, and quickly.

“The suites are selling like crazy,” he said. “I’ve sold three already and I’m bringing more clients back here to buy because the suites are incredibly priced and offer unrivalled style and value. **I am concerned they will all be sold in the next few days and my other clients could miss out if they don’t act now.**”

Located in the heart of historic St. Vital, 454 Beliveau’s condominium complex consists of 72 one and two-bedroom suites. One-bedroom suites (Brookview, Aristocrat) range in size from 650 to 675 sq. ft., and are only \$167,900 to \$174,900, while two bedroom suites (Richmond, Edgebrook) offer 880 sq. ft. of space for and unbeatable \$199,900 to \$204,900. “Every suite will be characterized by a bright, user-friendly layout,” added Debbie Hirsch. “Suites have been transformed into open-concept spaces to allow for easy living.



Where else in Winnipeg can you find all these features for such an affordable price

Each unit is filled with light courtesy of well-placed, new dual-pane (low-E argon) windows. Kitchens in one-bedroom units even have large windows to maximize the entry of natural light.”

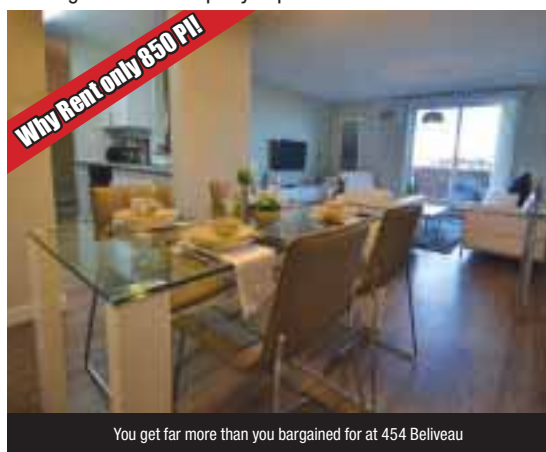
As far as location is concerned, 454 Beliveau’s positioning in St. Vital is hard to beat, too!

“The buildings are on a quiet street with green space on either side in a spot that’s only minutes from schools, shopping, amenities and major transportation routes. You can be downtown in around 15 minutes and on the highway on your way out to your cottage in short order,” Garry said.

While style and value are important – the suites at 454 Beliveau are loaded with both – it’s the overall quality of the project that sets it apart, he added.

“Buyers will be getting thoroughly renovated suites and buildings that are like-new from top-to-bottom, including new roofs, soffit, fascia, eaves troughs, windows, sidewalks, parking lots, fences and more,” he said. “Where else in Winnipeg can you find all these features for such an affordable price? Units are solid, stylish and functional, and deliver incredible value in every area. They’re a smart investment, and will be a great place to call home. **But you have to act now.**”

- Todd Lewys



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ANALYSIS
Hollywood has been slow to make female bonding fodder for comedy

IN FOCUS
Richard Crouse



This weekend Reese Witherspoon and Sofia Vergara play a by-the-book cop and the widow of a drug boss in the comedy *Hot Pursuit*. The unlikely duo hit the road, teaming up to outrun crooked cops and a murderous cartel. “Right now we can’t trust anyone but each other,” says Reese as they crack wise and dodge bullets.

It’s a movie that follows in the long tradition of Hollywood buddy comedies.

There’s an argument to be made that Abbott and Costello or Laurel and Hardy originated buddy comedies long before Jack Lemmon and Tony Curtis donned dresses and camped it up in 1959’s *Some Like It Hot*.

For my money, however, the Billy Wilder film about two musicians who witness the St. Valentine’s Day Massacre and flee the state disguised as women set the template for the modern buddy movie.

The basic formula is there — colliding personalities, gibes and comic conflict between

the two actors — but more important than any of that is the chemistry between Lemmon and Curtis. Even though every buddy picture relies on tension between the leads, sparks also have to fly between them or the whole thing will fall flat.

Brett Ratner, director of *Rush Hour* 1, 2 and 3 — which paired Owen Wilson and Jackie Chan to great effect — calls interesting chemistry between actors “an explosion in a bottle” and says it’s crucial to the success of any buddy pic.

Since *Some Like It Hot*, producers have paired up a laundry list of actors searching for the perfect mix. Lemmon and Walter Matthau were the journeymen of the genre, co-starring in six buddy pictures ranging from the sublime — *The Odd Couple*, which features the classic buddy picture one-liner, “I’m a neurotic nut, but you’re crazy,” — to the ridiculous — *Grumpier Old Men*.

The female buddy comedy is a more elusive beast. Recently Melissa McCarthy and Sandra Bullock teamed as a tough-talking street cop and uptight, lone wolf FBI agent to bring down a murderous drug dealer in *The Heat*. And in the 1980s, Bette Midler was the Queen of the form, pairing off with Shelley Long for *Outrageous Fortune* and with Lily Tomlin for *Big Business* in which both stars played dual roles, making it a buddy comedy times two. “Two’s company. Four’s a riot,” read the movie tagline.

There are others, dating back to 1937’s *Stage Door*, but there

DAMES ON DUTY
Turn to p. 29 to see how Metro would recast classic cop movies with female leads



Sofia Vergara and Reese Witherspoon star in *Hot Pursuit*, a female buddy comedy that opens this weekend. CONTRIBUTED

is no debating that Hollywood has been slow to feature female bonding as a subject of buddy movies. It’s wild that there are two man-and-his-dog buddy movies — *Turner and Hooch* and *K9* — but so few featuring women. Despite the box office success of

several female buddy comedies, sequels have been as rare as hen’s teeth. For instance, *Vulture*.com points out that of the dueling buddy comedies released on April 25, 2008 — Tina Fey and Amy Poehler’s *Baby Mama* and Harold & Kumar Escape from

Guantanamo Bay — Fey and company grossed \$60 million, while Harold and friends made \$38 million and yet the guys laughed all the way to another sequel while *Baby Mama* remains a one-off.

Hollywood is finally warming to the idea of female-driven comedies, so perhaps this weekend Witherspoon and the highest paid woman on television can generate enough dough to warrant another team-up.

In the movie biz, money usually speaks louder than anything, including gender.

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Nick Kroll gets serious – sort of

NEW RELEASE

Adult Beginners
lets comic take
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Ned Ehrbar
Metro | Hollywood

He's made a name for himself on Kroll Show, Parks and Recreation and The League for off-the-wall, outlandish comedy characters, but Nick Kroll has something new in mind for *Adult Beginners*, a comedy — about a washed-up entrepreneur (Kroll) who crashes with his sister (Rose Byrne) after his life implodes — with a serious side.

The thing that seems to catch people off-guard with this movie is how dramatic it actually becomes.

I feel like the original idea could've gone either way. You could go toward a big, sort of broad "it's the manny!" thing. But Vin Diesel in *The Pacifier* kind of ruined that for us. I



Sketch comedy chameleon Nick Kroll takes a shot at playing a big screen lead in dramedy *Adult Beginners*. LIZ BEDDALL/METRO

pretty quickly knew that I wasn't interested in that kind of movie, and when I started talking to Mark Duplass about

it — and the way he comes at the projects he makes — it just felt like this could be a really grounded, real story.

And then when we met with Liz Flahive and Jeff Cox, who wrote the script, who have a 3-year-old son and also just gave birth to a kid literally right before we started production, there's just so much to work with. I hope the movie's funny and I hope the movie's dramatic and works, but you didn't need to do a lot of leg-work on either side to make it feel resonant. Our feeling was don't push either, let everything happen as realistically as it can, and the drama will be there and the comedy will be there. Also, then, getting guys like Bobby Cannavale who as an actor is always going to play things real while also comedic, it made us try to approach the story as real to the relationships as possible.

Does having a TV background help?

Liz, who has been working on *Nurse Jackie* for a long time and is now running it, I think, was also a playwright. And Jeff, her husband — he and his

brother wrote *Blades of Glory*, so you knew that you were playing with both. You knew that you had people who were really grounded and were also going to write funny stuff, funny details.

And the supporting cast in this has some prime comedy talent.

We luckily peppered it with talent. Obviously at the core it's me, Rose and Bobby and the changing alliances with all that. But then every scene is peppered with an all-star. We start with Joel (McHale), we come back to him and we get (Jason) Mantzoukas, we've got Josh Charles, Jane (Krakowski), Julie White, Celia Weston — every scene has this other element that comes in to ruffle feathers.

Doing a climactic scene waist-deep in water has got to be a challenge.

And no joke, the heater was not working. And it was eight degrees outside and snowing.

CANCON FUN

• If your life crumbled today, like your character's does, which of your cast-mates would you choose to move in with?

I'm super close with Jason Mantzoukas, who plays my rival manny (aka man nanny) in the movie. But he's really OCD about his living space so I'm not sure how long that would last.

• What's something you suck at, that you should have mastered by now as an adult?

I suck at the little things in life, like doing my taxes. Bigger things like finishing my movie, for example, no problem. But washing my car I can't do.

• You seem to love referencing Canadian culture. Do you remember the first time you visited this great land?

When I was a kid I went to summer camp in Maine so whenever we went on an excursion we'd cross over into Quebec. But I also remember my dad taking me to Toronto when I was young and going to the SkyDome. I also remember staring out our hotel window into other buildings specifically looking for people having sex.

LIZ BEDDALL/METRO TORONTO

It doesn't sound bad when you say it, but it was about 65, 70 degrees in the pool. Normally when you go swimming it's, like, 85 degrees in a pool. It helped the performances, since we're supposed to be afraid of the water.

What was that sweater coat that Joel was wearing?

That was apparently a designer item that cost \$6,000 new. Joel said it was the ugliest thing he'd ever seen, but I think once we see it on Joel in this movie, the rug robe is going to make a big comeback.

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Bobby Cannavale, left, Rose Byrne and Nick Kroll in *Adult Beginners*. RADIUS-TWC/THE ASSOCIATED PRESS

Iris Apfel has never heard of normcore

DOCUMENTARY

Nonagenarian says great style takes a lot of work



Lucy Scholey
Metro | Ottawa

Wearing big, round glasses and layers of colourful bangles, Iris Apfel haggles for deals at thrift stores.

It's the recurring scene in the new documentary, *Iris*, about the now 93-year-old New York fashion icon. The film will be screened across Canada this month.

The natty nonagenarian talked to Metro about her style.

What do you think of today's Instagram and YouTube style icons?

I don't know much about it. Technologically, I live in the 17th century and I don't do computer and I don't do Internet, so I really don't know. But I did a program for YouTube when I was in California and what I saw when I was there was a little bit frightening. Not my idea of what style icons should be.

What styles do you think will last until the end of time?

There is no one style that will last until the end of time. Style is a very personal thing. It has to be part of the person who is stylish. It's a huge mistake looking for some sort of universal style. It's fashion, but style is quite different. Style is an attitude, an expression of one's personality, and it can't be a one-size-fits-all kind of thing, in my view.

Any trends you're not big on?

I don't follow trends. I think they're foolish. I mean, if trends work for you, then great. The fashion press, they're very dictatorial — you must have this, this is in, this is out, the 10 things you have to have this season. I mean, you don't have to have anything this season if it doesn't suit you. And you have to have the ability to choose what suits you if you want to look interesting and not just follow the herd and look like one of the sheep.



Iris Apfel is the subject of the new documentary *Iris*, documenting her life in fashion. © BRUCE WEBER

Do you have any advice on how one can establish or discover an individual style?

You have to work at it. A lot of people don't want to do it. They want instant everything. You have to know who you are, what you can carry, how much time you're willing to put into it. It takes a long time. You have to do trial and error. You have to try things and see how they work. Sometimes they work very well and sometimes they don't.

Can you describe how your fashion sense has evolved?

I think my look has been pretty much the same forever. I mean, it's gotten a little more sophisticated, perhaps. But I don't think my style has changed. I'm still the same person. I was always known for being

extremely colourful. I wear less colour now, I think, than I did before.

What about some wardrobe essentials everyone should have in their closets?

It depends on who you are. There are no essentials everybody should have. I don't think like that. I mean, what could be essential for you might be extraneous for me.

What do you think of the latest "normcore" trend? Normcore? What's that?

It's a fashion trend that's supposed to be undistinguished — sneakers and T-shirts. Apparently, it's in right now. That doesn't make it style. Maybe it makes it fashion, but that's fine. I wear jeans.

Now playing



COMEDY

Adult Beginners

Director: Ross Katz
Starring: Rose Byrne, Nick Kroll

A young, hipster entrepreneur (Nick Kroll) crashes and burns on the eve of his company's big launch. With his entire life in disarray, he leaves Manhattan to move in with his estranged pregnant sister (Rose Byrne), brother-in-law (Bobby Cannavale) and three year-old nephew in the suburbs — only to become their nanny.

ROTTEN TOMATOES™ SCORE

Critics: 45% **Audience:** 40%



COMEDY

Hot Pursuit

Director: Anne Fletcher
Starring: Reese Witherspoon, Sofia Vergara

In *Hot Pursuit*, an uptight and by-the-book cop (Reese Witherspoon) tries to protect the sexy and outgoing widow (Sofia Vergara) of a drug boss as they race through Texas, pursued by crooked cops and murderous gunmen.

ROTTEN TOMATOES™ SCORE

Critics: 17% **Audience:** 91%



DRAMA

Avengers: Age of Ultron

Director: Joss Whedon
Starring: Robert Downey Jr., Chris Evans

When Tony Stark jump-starts a dormant peacekeeping program, things go awry and Earth's Mightiest Heroes: Iron Man, Captain America, Thor, The Incredible Hulk, Black Widow and Hawkeye, are put to the ultimate test.

ROTTEN TOMATOES™ SCORE

Critics: 73% **Audience:** 99%

The New York Times

"A FUTURISTIC SHOCKER,
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MANOHLA DARGIS

The Daily Telegraph

★★★★★

ROBBIE COLLIN

the guardian

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MARK KERMODE

USA TODAY

"AN INTRICATE, ENIGMATIC, TWISTY TALE.
THE FILM HAS A HITCHCOCK-LIKE SENSE OF DREAD THAT MOUNTS THROUGHOUT"

CLAUDIA PUIG

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Not exactly like mom used to make

COOKING

Like Massimo Bottura, I tried a dish that defied tradition

THE TV DINNER

Jessica Allen



Every spring, the return of fresh produce is as dependable as celebrity-heavy superhero franchises steamrolling — preferably in CGI — into theatres. But last weekend, because I was more eager to see what the first greens of the season would be after such a long winter than figuring out who exactly Ultron is, I visited a farmers' market instead of lining up for the latest Avengers. But I found only spring onions and green garlic.

I purchased a couple bunches of each from a man wearing an "I love Berlin" sweatshirt, whose long hair was held back by a pair of neon green sunglasses.

The same man suggested



Italian chef Massimo Bottura's restaurant is profiled in the new Netflix documentary series **Chef's Table**. Inspired by Bottura, Jessica Allen invented this pasta dish. NETFLIX; JESSICA ALLEN

that I make a pesto out of the green garlic. I nodded enthusiastically, but on the inside I shuddered, imagining what my Italian friends would think. Yes, there are varieties of pesto. But one can never be

too sure how Italians' adherence to culinary authenticity, which is both praise-worthy and paralyzing, will go over.

Take Italian chef Massimo Bottura, who dares to use traditional ingredients from

Modena and completely reinterprets them. He and his three-Michelin-starred restaurant Osteria Francescana are profiled in the new six-part Netflix documentary series **Chef's Table**.



But the accolades for Bottura's inventive brand of cooking weren't immediate.

Italy is a country where if you asked anyone "where you can find the greatest food in the country, the answer is usually mom," says food writer Faith Willinger in the inaugural episode.

"In the first years of the restaurant, you never found anyone from Modena in the dining room," she says. "It wasn't what mom did."

Inspired by Bottura's bravery, I decided to invent a pasta. Okay, basically I made

cacio e pepe — the simplest and most satisfying of pastas: Think cheese, pepper and starchy pasta water — to which I added those wispy greens that I'd charred on the barbecue and some crispy pancetta.

It's the kind of dish I'd love to share with my mom, who loves to sample anything I make out-of-the-ordinary from her comestible repertoire when I visit her in London, Ont.

Her version of spaghetti, which I don't often pine for, contains ground beef, green peppers, garlic powder and a jar of ready-made Ragù. I almost forgot the mushrooms. Canned mushrooms.

On second thought — and even though I can't tell you the last time I bought a green pepper — I'd happily indulge in a plate of her pasta if it meant sharing it with her. Sometimes it's not the bread, but who you break it with.

JESSICA ALLEN IS THE DIGITAL CORRESPONDENT ON CTV'S THE SOCIAL

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IN BRIEF

Joe Fresh cuts ties with U.S. department store
Loblaw Companies said Thursday it's pulling its Joe Fresh line from J.C. Penney department stores in the United States next year.

Instead, it's switching its focus on its stand-alone stores, e-commerce and to expanding overseas, said Kevin Groh, the company's vice-president of corporate affairs. The company has six stand-alone stores in the U.S., including a flagship location in New York's ultra-hip SoHo neighbourhood.

Groh said the deal to sell Joe Fresh clothing at 200 J.C. Penney stores is set to expire on Jan. 30, 2016, and will not be renewed through mutual agreement. Mario Grauso, an American fashion industry veteran, took over from the low-cost clothing line's founder, Joe Mirran, in March.

"What you're seeing is the unfolding of the vision under Mario Grauso," Groh said. "This is a brand that is maturing and making wise decisions about where its investments make the best sense."

THE CANADIAN PRESS

INSPIRED BY TRAGEDY

Yoko Ono designs cup collection

Yoko Ono is expressing herself through espresso cups.

The artist and widow of John Lennon has designed a collection of cups and saucers featuring the dates and places of six tragic events written in Ono's handwriting, such as the atomic bombing of Hiroshima in 1945 and the day Lennon was shot and killed in 1980. A seventh cup appears untouched to represent hope.

The collection is titled **Yoko Ono: Mended Cups — illy Art**

Collection and is inspired by Kintsugi, the Japanese technique of repairing cracked pottery with brushstrokes of gold.

The cup line is being released alongside Ono's upcoming show at the Museum of Modern Art.

Other artists who have previously designed cups and saucers for illy include Jeff Koons, Pedro Almodovar, Robert Rauschenberg, Julian Schnabel and David Byrne.

THE ASSOCIATED PRESS



Yoko Ono: Mended Cups — illy Art Collection feature the dates and places of six tragic events written in Ono's handwriting. THE ASSOCIATED PRESS

Jane and Lily: Drugs, dildos and divorce

COMEDY SERIES

Stars of Grace and Frankie burst onto Netflix



Ned Ehrbar
Metro | Hollywood

Jane Fonda has taken peyote. The 77-year-old actress, activist and fitness guru isn't being shy about the practical experience she's brought to Grace and Frankie, the Netflix series she stars in alongside Lily Tomlin. "Among other things," she says matter-of-factly. "It makes me throw up, just like the show says. It's good to mix it with mushrooms."

Doing hallucinogens is one thing, but doing television? That's not something Fonda could have fathomed until a few years ago, when she signed on for Aaron Sorkin's The Newsroom on HBO.

"When I started in movies in the late '50s, early '60s, you never would do television. People who did television never made movies, and if you possibly could make movies, you never would do television," Fonda says. "It wasn't until about seven or eight years ago that I realized I really wanted to do television and I wanted to give a cultural face to an older woman. So when this came along, it was a dream come true."

It was also a chance to work with Nine to Five co-star and longtime pal Tomlin again, something that, at least according to Tomlin, has always been a priority.

"I'd always tell my agent, or my partner and I might be trying to develop something that has to do with older people," Tomlin says. "When my agent called me and told me, 'Are

you really trying to do something with Jane?' I said, 'Yeah, sure. I'd like to.' And then he brought (Friends co-creator) Marta (Kauffman) to us and she gave us the notion of her idea, and after that we jumped in with both feet."

That idea, by the way, is a doozy. Grace (Fonda) and Frankie (Tomlin) are two very different women who've maintained a tenuous friendship because their husbands (Martin Sheen and Sam Waterston) are law partners. But when the husbands announce that they're both gay and are running off together, Grace and Frankie are left with each other to help pick up the pieces.

So how do two women go decades with the same men not realizing something is amiss? Tomlin explains, "Like I say in that speech on the beach, 'I suspected things, I thought something was up, but ...'" And then Fonda interrupts her: "When he asked you to use the dildo? It's called denial."

"No matter how much experience we've had, it's not like we were actually eating peyote at that moment"

Lily Tomlin

But back to the peyote. Tomlin, for one, wants to assure everyone that while she and Fonda may have personal experience to draw on, they're no Method actresses.

"We had to kind of project into that experience," she says of the drugged-out beach scene in the first episode. "No matter how much experience we've had, it's not like we actually are eating peyote at that moment."



We jumped in with both feet

Lily Tomlin on getting to work with Jane Fonda again



Jane Fonda and Lily Tomlin in the new Netflix series Grace and Frankie. CONTRIBUTED

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WOMEN OF A CERTAIN AGE

No doddering old ladies for Fonda and Tomlin

A big selling point for both stars, aside from getting to work together again, was the image the series projects of women of a certain age.

"We both get enough scripts to know that when you're an older woman you tend to be the butt of a joke," Fonda says.

Tomlin elaborates: "I always resented that. I didn't like that. If a woman didn't have autonomy, if she was somebody's grandmother and they made her into a doddering little old lady who just put up with stuff and kind of was vague, that just rubs me the wrong way — unless a very artful hand was on that depiction, and then I might have to look at it another way or something. But that usually doesn't happen."

Cryptic Church of Scientology

GOING CLEAR

Doc sheds light on religion's dark side

Steve Gow
For Metro

What do Leonard Cohen, Gordon Lightfoot and Oscar-winning filmmaker Paul Haggis have in common? If you guessed they're all famous Canadians, you're right. But they have also been linked in the media to Scientology.

"You've one-upped me on that," laughed Mike Rinder during a recent interview to discuss his participation in the provocative new documentary *Going Clear: Scientology and the Prison of Belief*. As a former high-ranking executive of the Church of Scientology, Rinder may not have kept tally on the Canadian contingent of the Church's congregation, but he does understand why so many Scientologists are famous.

"(Founder) L. Ron Hubbard realized that if you get celebrities involved, they will spread the word," said the 60-year-old defector.

"If you ask anybody on the street what (they) know about Scientology, probably the answer will be 'Well, I know Tom Cruise or John Travolta is one of them.'"

That is just one of the many curiosities raised about Scientology in *Going Clear* — a dramatic declaration about the cryptic billion-dollar church that hides dark secrets behind the walls of



Canadians Leonard Cohen, Gordon Lightfoot and Paul Haggis have all once been linked to Scientology. CONTRIBUTED/GETTY

its slick Hollywood headquarters.

The film claims such misdeeds include physical abuse, threats of lawsuits, forcing family members to "disconnect" (sever lines of communication) and even blackmail.

"John (Travolta) has said himself that he thinks Scientology is wonderful and that it's treated him wonderfully. I believe that, in part, is true," said Rinder — before suggesting there may be a more fundamental cause for Travolta's blind loyalty.

"If he were to speak out, per-



You can go to almost any city in the U.S. and the prominence of the local Church of Scientology is just about the same as the prominence in Toronto, which is zero.

Former Scientologist Mike Rinder

haps his wife would not agree and disconnect and maybe influence his children to do the same."

That "disconnection" is a tragic aspect of the church that's

affected Rinder directly.

Since leaving Scientology abruptly in 2007, he has been "disconnected" entirely from his family — who remain Scientologists.

While that loss may fuel his "responsibility to do something" for others stuck in the Church, many Canadians will feel relieved Rinder's activism against the cult of Scientology lies mainly south of the border.

"I don't think its impact has made many in-roads in Canada at all. But I don't think that's any different than the United States," said Rinder.

He says that outside of the Church's two main hubs in Hollywood and Florida, Scientology has had little prominence, even

MORE MOVIES

Other films about cults:

• *The Master* (2012)

This Oscar-nominated drama follows a military vet lured into a religious cult by its charismatic leader (Philip Seymour Hoffman). While filmmaker Paul Thomas Anderson has downplayed it, there are notable parallels to Scientology.

• *Ticket to Heaven* (1981)

Friends attempt to deprogram a young Torontonian after he is seduced by a fundraising religious cult in this acclaimed, Genie Award-winning Canadian drama starring a young Kim Cattrall.

• *Jesus Camp* (2006)

An Oscar-nominated documentary, *Jesus Camp* examines a religious-based summer-retreat that trains children to be "God's Army."

as the organization continues to raise money and boast about its growth — which notably includes a recently constructed shrine in Cambridge, Ont.

"The Church tries to claim that this is evidence that there is this massive expansion that's occurring but if you were to take a drive over to Cambridge and walk in the front door, you will find a completely empty building," said Rinder. "They're like that all over the place."

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RECYCLE EVERYWHERE

Buddy cop classics recast with women

Chris Alexander
Metro | Canada

The science of the “buddy cop” movie formula is simple: Take a pair of mismatched lawmen (or a cop and a civilian roped into the action), make one the loose cannon, the other uptight and watch the ensuing fun.

The latest buddy cop flick to hit screens is the Reese Witherspoon/Sofia Vergara vehicle *Hot Pursuit*, and what makes it unusual is its gender-specific casting. But as 2013’s comedy-action hit *The Heat* proved, the ladies can bumble around a crime scene with equally predictable, but nevertheless entertaining, results. So while we wait for the verdict on *Hot Pursuit*, Metro day-dreamed about what it would be like if we could recast our favourite male-centric buddy cop flicks ... with chicks.



Starsky & Hutch

A revival of the 1970s cop drama that starred David Soul and Paul Michael Glaser would go down easier with an estrogen-flipped casting of the scrappy and sexy **Emma Stone** and **Scarlett Johansson** in leather driving jackets. DO IT!



48 Hrs.

This Walter Hill-directed classic sees Eddie Murphy in his breakout role as a petty crook who hooks up with grizzled detective Nick Nolte to track down a ruthless drug dealer. As funny and caustic as Murphy was, imagine *Pitch Perfect* 2 star **Rebel Wilson** as the street-smart thug and *Gone Girl*’s **Rosamund Pike** as an icy incarnation of the Nolte character. Wilson would bring the laughs and Pike would play straight-woman while giving her the stink eye.

Dragnet

The landmark TV show was originally a radio program, and later, a feature comedy film starring Tom Hanks and Dan Aykroyd. All incarnations featured blank-faced detective Joe Friday and his revolving door of partners solving crimes in L.A. For our money, we’d love to have *Game of Thrones* heavy **Lena Headey** star as humourless Jolene Friday and perhaps cast her against **Helena Bonham Carter** as her chain-smoking, hard-drinking partner.



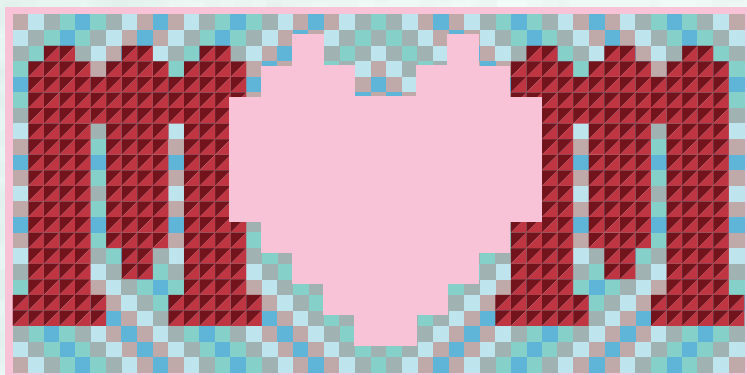
Tango & Cash

Legendary and lunk-headed flick starring Sylvester Stallone and Kurt Russell as two wiseacre LAPD cops, framed by drug lords and sent to the slammer for life. Forget Sly and Kurt — wouldn’t it be divine to see the two *Grande Dames* of contemporary cinema, **Helen Mirren** and **Meryl Streep**, as senior officers doing hard time in a women’s prison while endlessly saying “FUBAR,” instead?



Turner & Hooch

This was one of a handful of ‘80s flicks that featured an officer forced to share space with some class of canine. Tom Hanks’ obsessive-compulsive detective teamed with a drooling dog with a nose for trouble. We’d gladly take the ever-watchable **Rose Byrne** as Turner and, in a brilliant bit of stunt casting, hook her up with **Kim Kardashian** in a fur coat as the uncouth Hooch. Whaddya think?



MAY
4-9

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Craft beers abound in Asheville

NORTH CAROLINA

Get your hop on at creative brew pubs in scenic region

Mike Dojc
For Metro

From the terrace of the Omni Grove Park Inn, patrons can drink in the same alfresco Blue Ridge mountain vistas that beguiled a stream of notable visitors over the past century, from inventor Thomas Edison and author F. Scott Fitzgerald to U.S. President Barack Obama.

In this Asheville, N.C., setting, it seems apropos to pair the soothing surroundings with an oatmeal porter from Highland, Asheville's first post-Prohibition brewery.

For a city of fewer than 100,000 people, in a region once known for illicit whiskey, Asheville is hopping with a veritable bounty of craft beers. Twenty-one local breweries call the Western North Carolina mountain town home, and new operations are popping up all the time.

As Asheville's beer culture grows, even internationally known craft brewers, such as California's Sierra Nevada and Colorado's New Belgium, are getting in on the action.

It's hard to leave Asheville without gaining a profound passion for hops, tart saisons and winning and wild addi-



The Tasting Room at Highland brewery. HIGHLAND BREWING COMPANY

tives that run the gambit from lavender to jalapenos.

After sipping, slurping and knocking back flight after flight of draught on a four-day tour, here are some to try on your next Asheville beer-crawling adventure.

Thirsty Monk

Bar staff take imbibing religiously at the Monk's trio of Asheville brew pubs. Order a flight and they'll eagerly share their devotion, kindly jotting down aroma, appearance, and taste notes — a handy crib

sheet even regulars appreciate, with taps constantly in flux.

"We never put the same keg on twice in a row. Every time a beer kicks we go put on something different. Last year we served 2,600 different beers," says Chall Gray, Thirsty Monk's vice-president of operations.

Knock one down: CocoNorm is a smooth, easy-to-drink porter made with Belgian yeast and toasted organic coconut.

Urban Orchard Cider

Using freshly pressed juice from orchards just down the

highway in Hendersonville, this West Asheville cidery with a penchant for yeast experimentation uses a quartet of 300-gallon stainless steel fermentation tanks to crank out its artisanal hard ciders.

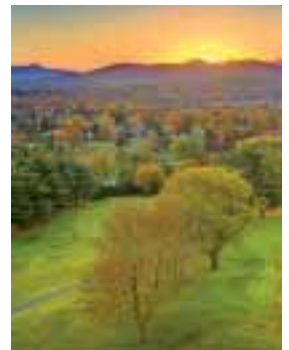
Knock one down: The Wit Cider is made with hand-crushed toasted coriander with orange juice and zest. "The only sweetness you'll taste is from the orange, the rest has been fermented out," explains Jeff Anderson, Urban Orchard's creative director. "You are left with a very crisp and refreshing

cider, perfect for springtime — bone dry at 7.8 per cent."

Burial Beer

The taproom comes alive on Sundays for weekly jazz brunches where guests graze on New Orleans-inspired dishes and Wednesdays is hops + hoagies, featuring a cured green chorizo with spicy mayonnaise and green onions.

Knock one down: "We are constantly cranking out unique stuff," says Burial Beer co-owner Jessica Reiser. For example, the Garden of Earth-



The view from the Omni Grove Park Inn. CONTRIBUTED

ly Delights Saison, a five per cent saison brewed with golden beets, hibiscus, aged cherries and local ginseng root.

Highland

A tribute to the Scots-Irish who first settled the area, the traditional styles of the British Isles influenced early Highland offerings. Over time, however, Asheville's first craft brewer has grown its flavour profile to include Belgian, German, and innovative American barrel-aged beers.

Knock one down: Cold Mountain, Highland's winter warmer goes on sale in mid-November. "It is not only a unique style, but also is a little bit different every year," explains Highland's founder Oscar Wong. "The beer contains two different base malts and seven specialty malts that do not change."

SOME TRAVEL AND ACCOMMODATION COSTS WERE COURTESY OF THE OMNI GROVE PARK INN.

Wildlife, wild vistas star in Canadian road trip

ON THE MOVE

Loren Christie

Relatively cheap gas prices at the pumps and a weak Canadian dollar make a road trip in Canada this summer's go-to vacation. From Trinity to Tofino, here are a few choice routes.

The drive from Banff to Jasper through two of Alberta's national parks along the stunning Icefields Parkway might be the best

drive in the country. It offers an incredible mix of Rocky Mountain scenery and wildlife. On a recent trip I saw big horned sheep, more elk than anyone could count and a grizzly bear. Avoid the overwhelming urge to get out of the car to take a photo. It's a bad idea, these animals are wild. Favourite stops include the Peyto Lake overlook, lunch at the Fairmont Chateau Lake Louise and an excursion up onto the Athabasca Glacier aboard a Brewster Ice Explorer.

In Nova Scotia, the Cabot



The Cabot Trail iwn Cape Breton, N.S. FLICKR: ANDREA SCHAFER

Trail offers stunning scenery, wildlife viewing (whales and moose) and the opportunity to touch the distinct

Acadian and Scottish cultures that colour the history of the province. End your day with a fresh seafood

meal and kick your heels up at a traditional Celtic party, known as a ceilidh.

Route 132 in Quebec's Gaspé region offers a scenic shore-hugging drive through silver-steeped villages surrounded by mountains and serenaded by the sea. The route forms a loop of about 900 kilometres. As the seaway widens into the gulf, try some ferry-hopping to explore both coasts of the St. Lawrence River. Take a break from the car and hop aboard a zodiac for some of the country's best whale

watching.

The world-renowned Sea-to-Sky highway from Vancouver to Whistler is a great start to a breathtaking British Columbia road trip. The trick is to keep going past Whistler on Highway 99 until you reach Ashcroft and then hook onto the Trans-Canada Highway back to Vancouver. This loop will take you past incredible river gorges and through the only desert in Canada. At the end of your trip, head to Harrison Hot Spring for a soak in a natural hot spring.

Broadway-style shows climb aboard

DISNEY

Cruises ditch cheesy revues for stylish performances

Vawn Himmelsbach
For Metro

Entertainment on cruise ships is often associated with cheesy musical revues, bingo games and line dancing, but lately there's been a push to up the ante.

Disney Cruise Line, for example, has announced its newest stage show, *Tangled: The Musical*, which is being designed for an audience at sea. Slated to premiere Nov. 11 aboard the *Disney Magic*, this will be the first time the tale has been adapted for a stage production.

Original work

"Other cruise lines are doing Broadway-style shows, but ... we're creating original Broadway-style shows," said David Baldree, entertainment producer with Disney Cruise Line, during a sneak peek of the show at its rehearsal space in Toronto earlier this week.

Tangled: The Musical will



feature three new songs created for the show by Academy Award-winning composer Alan Menken; costumes by Tony Award-winning designer Paloma Young; and a new breed of puppetry — for Maximus, the horse in *Tangled* — from master puppet designer Michael Curry, whose creations are best known from Disney's *The Lion's King* on Broadway. "Because Disney has all

these properties, we can create something from the ground up, which is a huge undertaking — workshops in L.A. and New York and casting in Chicago and London," said Gordon Greenberg, the show's director.

"It's a massive operation and, in the end, the payoff is you get something wholly original that you can't see anywhere else."

Developing a show for a cruise ship, as opposed to Broadway or London's West End, provides more creative licence, he added.

'A great playground'

"The biggest difference for me is we have these amazing hydraulics for which I'd have to lobby really long and hard (for) on land," said Greenberg. "It's a great playground."



Tangled: The Musical (left) will premiere in November aboard the *Disney Magic* cruise ship, marking the first time the animated film has been adapted for the stage.

DISNEY

Choreographer Connor Gallagher (above) is behind the production numbers.

FRANKLIN WHITLACH

+ SHOWS AT SEA

On ships' schedules

• Royal Caribbean is inviting New York aboard with its Broadway at Sea program of Tony Award-winning shows, from *Cats* to *Chicago* The Musical, *Saturday Night Fever* and *Mamma Mia!*

• Norwegian Cruise Line is staging Broadway hits *Burn The Floor* and *Priscilla Queen of the Desert* (coming in October), as well as a British pop-music entertainment experience called *The Cavern Club*, which imitates the Liverpool venue where the Beatles performed.

VAWN HIMMELSBACH/FOR METRO

TRAVEL NOTES EXOTIC LOCALES, DUTCH TREATS AND EAST-COAST FLAVOUR

New G Adventure tours

G Adventures has just added eight new trips to its Comfort line of vacation experiences, including holidays to Patagonia, Sri Lanka, Ecuador, East Africa, Central and Eastern Europe and Belize. These tours allow travellers to fully connect with the local culture and people, and still enjoy a few creature comforts along the way. Visit Gadventures.com.



G Adventures will take travellers to Belize. CONTRIBUTED

Non-Stop to Curaçao

Air Canada Vacations has just launched a seasonal, non-stop flight from Toronto to Curaçao, putting you on the alluring Dutch island in five hours. Famous for its multicultural atmosphere and European architecture, Curaçao has some of the best snorkeling and diving in the world. Flights run until Oct. 22. Visit AirCanadaVacations.com and Curacao.com.



The island of Curaçao boasts 35 beaches. CONTRIBUTED

Taste of the East Coast

Maxxim Vacations is introducing a Coastal Culinary Tour in Atlantic Canada, a week-long, self-drive holiday that will have you catching lobsters and clam digging. Enjoy beach-front cookouts, fishing cruises and the high tides at Hopewell Rocks. The tour starts and ends in Moncton, running July 1 to Sept. 1. Visit MaxximVacations.com.

DOUG WALLACE



Hopewell Rocks in New Brunswick. CONTRIBUTED

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Blue Bombers sign NFL veteran Westerman

CFL

Defensive lineman follows brothers to 3-down football

It's back to three downs and being a yard off the football for Jamaal Westerman.

The six-foot-three, 260-pound defensive lineman signed with the CFL's Winnipeg Blue Bombers on Thursday. Westerman, a native of the New York borough of Brooklyn who grew up in Brampton, Ont., returns to Canada after time south with the New York Jets (2009-11), Arizona Cardinals (2012), Indianapolis Colts (2012), Buffalo Bills (2013), Pittsburgh Steelers (2013) and Cleveland Browns (training camp, 2014).

Westerman, 30, follows younger brothers Jabar, a defensive lineman with the B.C. Lions, and Jawaan, a former receiver/defensive back with Winnipeg, into the CFL.

"I always thought I'd play one day in the CFL," Westerman said during a conference call. "It's exciting for me to get another opportunity to continue to play football."

Westerman comes to the CFL having appeared in 58 career NFL games. He registered 62 tackles, six sacks, four fumble recoveries and one forced fumble while adding 27 special-teams tackles.

Two adjustments Westerman will have to make with Winnipeg are lining up a yard off the line of scrimmage and playing three downs. But considering he played three-down football during his high school career in Brampton, Westerman isn't expecting a difficult transition.

"It's not a concern but, of course, it's an adjustment I'll have to make," he said. "It's not an issue for guys but it does take time to get used to."

“

He's a tough, ferocious, strong defensive end.

Blue Bombers GM
Kyle Walters

"It's a different aiming point with setting up your pass rush movement."

After being released by Cleveland, Westerman remained out of football. Although he spent time doing radio work at his alma mater, Westerman continued training because he knew he wasn't finished as a player.

"This game is great but it's so hard to play that you can't take time off," he said. "You can't just say, 'I'll take four months off and start back training again,' because the moment will pass you in an instant."

THE CANADIAN PRESS



Jamaal Westerman attempts to block a punt while a member of the New York Jets, one of six NFL team's the Brooklyn native has spent time with. GETTY IMAGES FILE

NHL PLAYOFFS

Pressure on Caps to oust Rangers

Being on the brink is familiar territory for the Washington Capitals and New York Rangers.

The Caps have a history of being in position to advance in the Stanley Cup playoffs, and finding a way to squander it.

The Presidents' Trophy-winning Rangers are next in line. The Capitals lead their series 3-1 and can eliminate the Rangers in Game 5 on Friday night in New York.

It's the same spot the Rangers were in last year against Pittsburgh. They were down 3-1 in the second round, and again seemingly out of it. They found a way to rally for the first time in franchise history and they are going to have to do it again if they want to prevent Alex Ovechkin from reaching the conference final for the first time.

“

When you're in this position, you've just got to keep the foot to the pedal and see if you can get that fourth win

Capitals coach Barry Trotz

"It's tough to create words when you're in a situation like we are," Rangers captain and defenceman Ryan McDonagh said Thursday, a day on which neither team practised. "As far as speaking up and saying things, I feel with the guys we have in the room, there shouldn't be a lot that needs to be said."

The pressure might actually be on the Capitals, who are trying to reach the conference finals for the third time in team history (1990, 1998). Since 1985, the Capitals have lost nine series in which they led either 2-0 or 3-1. That includes a first-round loss to the Rangers in 2013 in which they led 2-0 and 3-2, only to be shut out by Henrik Lundqvist in the final two games.

THE ASSOCIATED PRESS

MLB

Lobstein pitches Tigers past ChiSox

Kyle Lobstein pitched 7-2/3 strong innings, Miguel Cabrera scored twice and drove in a run and the Detroit Tigers earned a 4-1 victory on Thursday against the Chicago White Sox.

Victor Martinez and Nick Castellanos each drove in a run and Detroit bounced back after blowing a 6-3 eighth-inning lead on Wednesday.

Lobstein (3-2) allowed an unearned run and five hits to lower his ERA to 3.00.

THE ASSOCIATED PRESS



Kyle Lobstein GETTY IMAGES



IN BRIEF

Bulls' Butler named most-improved player

Jimmy Butler of the Chicago Bulls was named the NBA's most-improved player on Thursday after making his first all-star team and averaging a career high in scoring.

The 25-year-old Butler received 92 of 129 first-place votes and 535 total points from a panel of sportswriters and broadcasters. Draymond Green of the Golden State Warriors finished second.

THE ASSOCIATED PRESS

BOXING

Pacquiao 'a sore loser': Mayweather

Floyd Mayweather Jr. said in an upcoming interview with Showtime that at this moment he's not interested in a rematch with Manny Pacquiao "because he's a sore loser and he's a coward."

The interview was recorded late Tuesday night and will air Saturday night after the network's replay of boxing's richest fight, which Mayweather won by decision last weekend in Las Vegas to stay undefeated. Asked if he thought Pacquiao

“

I lost a lot of respect for him after all of this.

Floyd Mayweather Jr.

was hampered by the right shoulder injury that later required surgery, Mayweather tells Jim Gray, "Absolutely not." "Excuses, excuses, excuses," he said later. THE ASSOCIATED PRESS



Go to metronews.ca for coverage of Thursday night's games.

FIFA president boosts women

SOCCER

Longtime chief Sepp Blatter campaigning for re-election

Describing himself as a “god-father” to women’s soccer at FIFA, Sepp Blatter has acknowledged that its appeal still trails behind the men’s game.

Still, the Women’s World Cup kicking off June 6 in Canada can be a “market opener,” the FIFA president told BBC World Service radio in an interview broadcast Thursday.

Blatter challenged the teams in the expanded 24-nation tournament to help achieve that breakthrough by putting on a high-quality show.

“Women’s football must market itself. It’s a product and the product must have quality,” Blatter told the British state broadcaster. “Now it’s up to the ladies in this World Cup to show that



FIFA president Sepp Blatter at a news conference with players and the coach of the Swiss national women's team and FIFA head of women's competitions Tatjana Haenni.

FABRICE COFFRINI/AFP/GETTY IMAGES

it’s a great event because the television coverage will be done exactly like the FIFA World Cup.”

He recalled that FIFA started focusing on women’s soccer in 1988, when he was its top administrator. The first Women’s World Cup was played in 1991.

In a rare interview during his campaign to win re-election on

May 29, Blatter did not directly address his pursuit of a fifth term in office to extend his 17-year presidential reign.

However, the 79-year-old Swiss did promise to attend the month-long women’s tournament in Canada whatever the election result.

THE ASSOCIATED PRESS



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+ OMG: IVORY COAST BANS SKIN WHITENING CREAMS

Ivory Coast has banned skin whitening creams, which are widely used in West Africa, because of fears they cause lasting damage to health, the health ministry said Wednesday.

"Cosmetic lightening and hygiene creams ... that depigment the skin ... are now forbidden," the ministry said in a statement.

The ban affects whitening creams and lotions containing: mercury and its derivatives; cortisone; vitamin A; or more than

two per cent hydroquinone, a lightening agent that is used to develop photographs.

"The number of people with side effects caused by these medicines is really high," said Christian Doukoko, a member of Ivory Coast's pharmaceutical authority, warning that they could cause skin cancer.

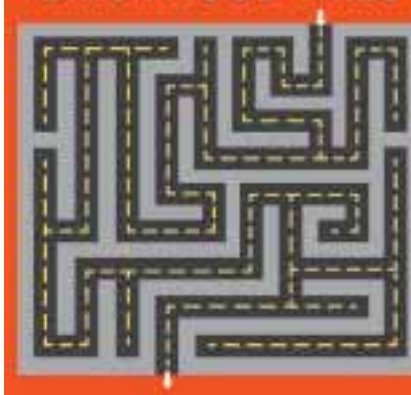
Lightening products can also lead to hypertension and diabetes, said Elidje Ekra, a dermatologist at the Treichville university

hospital in Abidjan.

"In our cultures, some people think women with light skin are the most beautiful. This beauty standard ... pushes many girls to depigment their skin," Ekra said. "What we see in the media is the lighter one's skin is, the better one's life," he added, referring to advertisements that fill the streets of Abidjan, Ivory Coast's biggest city, showing models with lighter-than-average skin.

AFP

HIT THE ROAD WITH BIRCHWOOD TIRES



★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

You will need to be on your guard today as someone you work or do business with seems to think you can be easily misled. Check everything you are told, even if it sounds true.

♉ Taurus April 21 - May 21

Make the most of Mars in your sign to get things done and let the people you live and work with know that you won't be pushed around. You don't have to be aggressive about it but you do have to protect your interests.

♊ Gemini May 22 - June 21

It might be a good idea to take it easy for the next few days, or what passes for easy in the Gemini universe. When Mars moves into your sign early next week there will be no holding you back.

♋ Cancer June 22 - July 23

There seems to be quite a bit of tension in the air at the moment and if you are involved in matters of a joint nature it will pay you to tone down your views and opinions a bit.

♌ Leo July 24 - Aug. 23

What you want to do and what you have to do are likely to be two entirely different things today. But don't let that depress you because you can still enjoy yourself.

♍ Virgo Aug. 24 - Sept. 23

Chances are you will be forced to stay where you are today, even though you would much rather be on the move. That might sound like bad news but the planets indicate it could be a blessing in disguise. Stay home and keep a low profile.

♎ Libra Sept. 24 - Oct. 23

It will pay you to keep your opinions to yourself today, especially on the work front where your know-it-all attitude is unlikely to go down too well. The best way to fall out with powerful people is to make them look stupid.

♏ Scorpio Oct. 24 - Nov. 22

A friend or work colleague will say something you disagree with today but if you are smart you will bite your tongue and pass up the chance to make an issue of it.

♐ Sagittarius Nov. 23 - Dec. 21

Make sure that everything you do has a purpose today. Despite what you may think to the contrary you do not possess unlimited energy, so ration it carefully, especially on the workfront.

♑ Capricorn Dec. 22 - Jan. 20

Say what you have to say as plainly as possible, so there can be no misunderstandings. That is not, however, an excuse to be rude and does not have to be a martial art!

♒ Aquarius Jan. 21 - Feb. 19

You of all people should know that personal feelings should never be allowed to interfere with the facts, and the fact of the matter now is that the person who is giving you so much grief is more foolish than malicious. Don't be too hard on them.

♓ Pisces Feb. 20 - March 20

Why are you worrying so much? Whatever the reason you need to get over it because there is so much you could be doing with your life now. And remember, even negative events can have positive results.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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Cook time: 10 minutes
Serving size: 5

Ingredients

- 1 lb extra-lean ground beef
- ¼ cup dry bread crumbs
- ¼ cup chopped green onion
- 3 Tbsp chopped cilantro or parsley
- 4 Tbsp hoisin sauce, divided
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 Tbsp water
- 1 tsp sesame oil

Directions

1. Heat the barbecue to high and spray with cooking oil, or pre-heat the oven to 450°F.

2. Combine the beef, bread

crumbs, green onion, cilantro or parsley, 2 Tbsp of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 10 mini burgers.

3. Whisk the water, remaining 2 Tbsp hoisin sauce and sesame oil together in a small bowl.

4. Brush half of the sauce over the burgers.

5. Barbecue, or place on a rack on a baking sheet and bake for 10 to 15 minutes (until no longer pink in the centre). Turn the patties once, halfway through, and brush with the remaining sauce. Serve on mini hamburger buns, if desired, and garnish with sautéed onions.

Nutrition per serving (2 mini burgers)

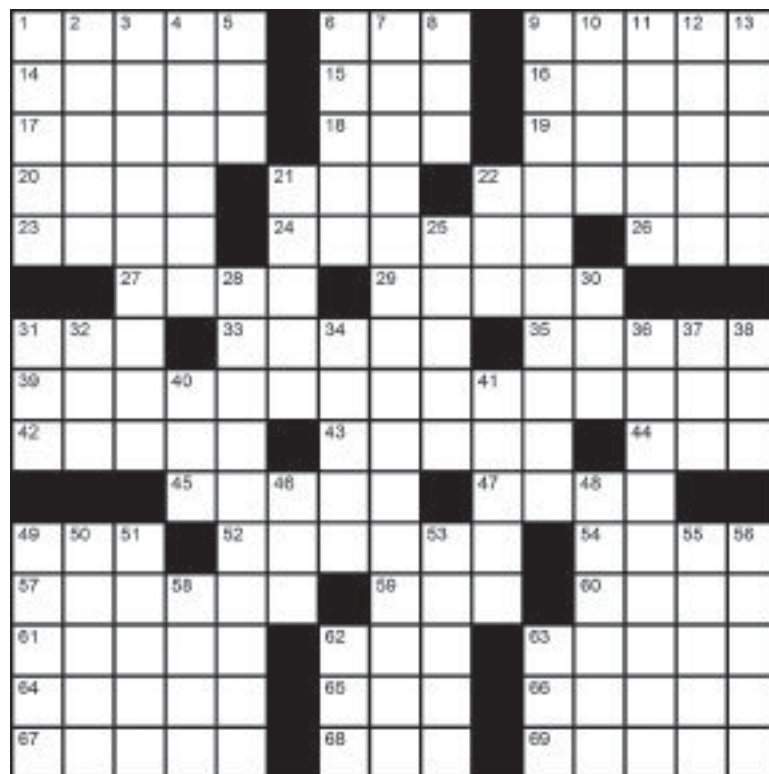
- Calories 264
- Protein 30g
- Carbohydrates 15 g
- Fibre 2.4 g
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PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. "Dancing with the Stars" dance
6. Brand symbols, e.g.
9. Flavour
14. "Easy Livin'" by _ Heep
15. Diving bird
16. Happen again
17. Ancient Scots
18. Edward Snowden related org.
19. Field
20. Uncommon
21. Knowledgeable letters
22. Tea party offerings
23. Buffalo type
24. Surname of Jessica Simpson's first husband
26. Earlier, olde-style
27. Chop _
29. "Mad Men" star Jon, and surnamesakes
31. Li'l life story
33. _ carpeting
35. Zing
39. Wild Roses in Alberta: 2 wds.
42. _ Spruce (Tree in British Columbia)
43. Talent or style
44. Convent dweller
45. Gluck opera: _ ed Euridice
47. " _ Flux" (2005)
49. "Senor" suffix
52. Chanel No. 5 = Eau de _
54. Pre-stereo
57. _ _ _ (Franken-free food label)
59. Some radio



stations, e.g.
60. Barenaked Ladies song
61. Dugout boat
62. Battery size
63. Upper crust
64. In the Skin of _ (Novel by Canadian author Michael Ondaatje)

65. Crash Test Dummies song, when repeated
66. Montreal subway
67. Snoozed
68. Anne Shirley's prov.
69. Canadian player for the St. Louis Blues,

Alexander _

DOWN

1. Prefix meaning 'Above'
2. 'Parliament' suffix
3. Huge techie corporation
4. Boat, in Boucher-ville

5. Sneeze starters...
6. Ms. Tucker of country
7. Alanis Morissette is its 2015 Canadian inductee: 4 wds.
8. Music style
9. Toronto-born host of "Cityline": 2 wds.
10. _ Space Museum

of Calgary
11. Vista
12. Guitar gadget
13. Obliterate
21. "The _ _ _" (1989) starring Eric Stoltz
22. School yr. part
25. _ dozen (Bakery order)
28. Ontario: The Niagara _
30. Scatter seed
31. "10" (1979) star Ms. Derek's
32. " _ Fell" by The Beatles
34. Canadian journalist Morley
36. _ Heritage Village (Tourist attraction in Steinbach, Manitoba)
37. "Dear" lady of a Beatles song, briefly
38. QVC rival in the States
40. Dixie Cups song, when doubled
41. Mr. Neeson's
46. _ _ _ Schwarz (New York City toy store)
48. Morning meal
49. Andes people, once
50. _ _ _ intents and purposes
51. Ms. Lennox
53. Savoury 'fifth taste'
55. Saltpetre
56. Ancient theatre
58. Gwyneth Paltrow's lifestyles website, _ .com
62. Roadie's haul
63. Bad _ (German spa resort)

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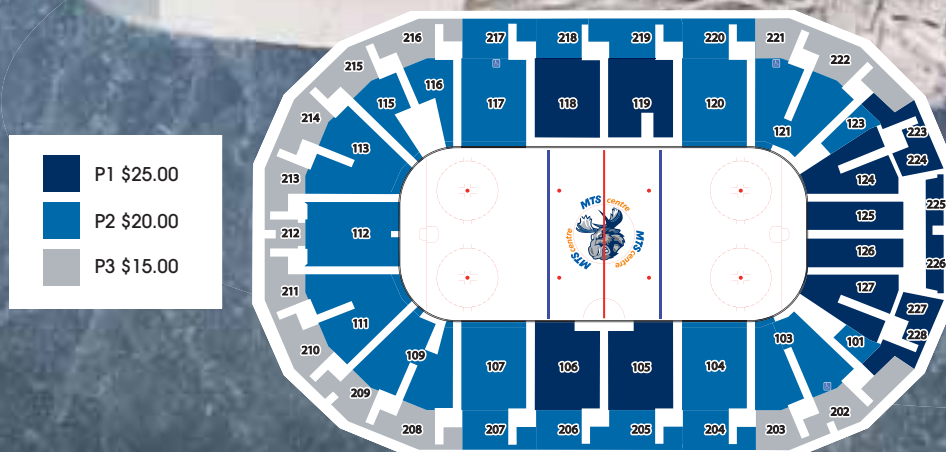
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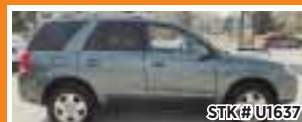
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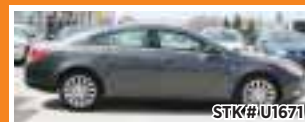
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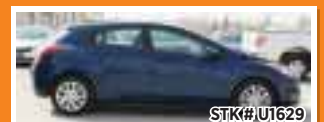
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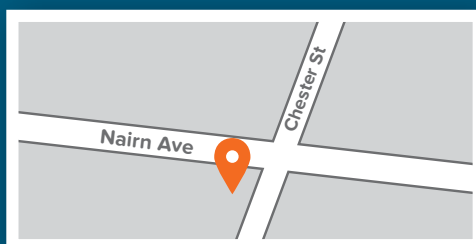
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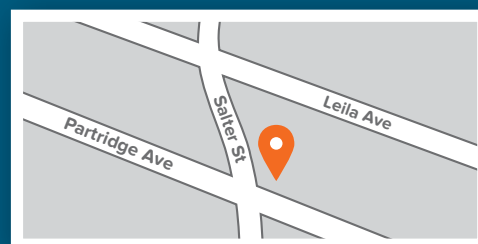
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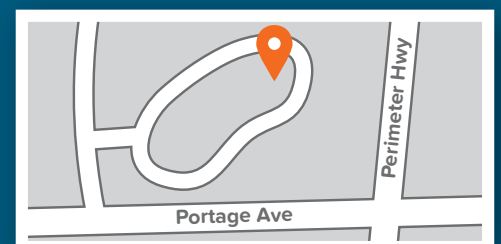
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1065 Salter Street
At Partridge Avenue



3965 Portage Avenue
Inside Birchwood Honda West

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